



# Trail Blazer

Vol. 81 No 7 for information, call 503-233-2740 (Portland, OR) or access [www.trailsclub.org](http://www.trailsclub.org). July, 2008

Upcoming Events		
July 1	Tues	Board Meeting
2	Wed	Portland Morning Hike
2	Wed	Portland Evening Hike
4	Fri	July 4th at Nesika
4-14	Fri-Mon	Belden to Burney Falls Backpack
6-11	Sun-Fri	Trinity Alps Backpack
8	Tues	Silver Star Mountain
9	Wed	Portland Morning Hike
9	Wed	Portland Evening Hike
10	Thurs	Kelly Point Bike
10	Thurs	Picnic at Gabriel Park
12-13	Sat-Sun	Tyee Work Party
12	Sat	Nesika Membership Hike
12-13	Sat-Sun	Nesika Work Party
13	Sun	Trapper Creek Hike
13	Sun	Kayak Cowlitz
15	Tues	Wildcat Mt Hike
15	Tues	Blazer Deadline 5:00 pm
16	Wed	Portland Morning Hike
16	Wed	Portland Evening Hike
19	Sat	Covered Bridges Bike
19-24	Sat-Thurs	Marble Mountain Backpack
19	Sat	River Paddle Kayak
19	Sat	Spirit Lake Hike
19-28	Sat-Mon	Etna Summit Backpack
23	Wed	Portland Morning Hike
23	Wed	Portland Evening Hike
24-29	Thurs-Tues	Lake Plateau Backpack
26	Sat	Independence/Buena Vista Bike
26	Sat	Opal Creek Hike
26	Sat	Mt Hood Hike
26-27	Sat-Sun	July Hike and Dine

Upcoming Events		
26-27	Sat-Sun	Bull of the Woods Backpack
27	Sun	Slower Hike and Dine Hike
30	Wed	Portland Morning Hike
30	Wed	Portland Evening Hike
31	Thurs	Willamette Mission Bike
Scheduling is updated on web site <a href="http://www.trailsclub.org">www.trailsclub.org</a>		
TRIP FEES: Members. \$1; Guests \$2; Carpool 10 cents/mile		

## Gentle Reminders

- Class A –Shorter, less strenuous activity, Class B –Longer miles, more elevation gain, Class C –Long and difficult – strong experienced participants only. Harsh or unusual conditions may greatly increase the exertion and skill required. Please be prepared for level of the hike you are planning to take with the Trails Club.
- Good walking shoes or boots are required on the trail. Boots are recommended for B/C hikes.
- Bring plenty of water and a sack lunch. Please, no alcohol.
- Pets allowed on designated trips only.
- Everybody should stay with the group and follow the hike leader. The hike leader is responsible for the group's safety. The hike leader is responsible for determining trails to be taken. Last, but not least, the leader has authority to determine if a hiker is prepared for the hike. Group safety must come first.
- If you have reserved for an activity at a lodge that involves food expense and are unable to participate you are obligated to do one of the following: cancel before the food is purchased, find someone to take your place, or pay for your share of the food
- The Trips Trustee will approve all hikes.

### Meeting Places:

#### Gateway Park & Ride

From I-205 take the Glisan Street exit, proceed east to 99th Ave, turn north, proceed a couple of blocks and park in the park and ride garage. Meet at the SE corner of the structure (near the stairs) on the sidewalk (directly inside if it is raining).

From I-84, take I-205 and follow the above exit and instruction.

**Wallace Park** is the usual meeting place for Forest Park and city hikes. Meet at Wallace Park on NW Raleigh between NW 25th and NW 26th. Parking is usually not a problem on Raleigh. Tri Met buses 15, 17 and 77 service is near.

**Target** is a common west side meeting place for hikes. Exit US 26 at NW 185<sup>th</sup> Ave and drive south to Evergreen Pkwy turn east (left) one block to NW Town Center Dr., Park in the southwest corner of Target's parking lot. Tri Met buses 47, 52 and 89 service is near.

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MEMBER OF THE FEDERATION OF WESTERN OUTDOORS CLUBS

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**POSTMASTER: Send address changes to THE TRAILS CLUB  
OF OREGON P.O. Box 1243, Portland, Oregon 97207-1243.**

The purpose of the Trails Club is to foster and stimulate interest in hiking, climbing, skiing, camping and other similar outdoor activities and to promote activities of a social nature for the benefit of its members. The Club's interests and concerns are conservation of natural beauty and resources of the country. All Club activities are affected by the voluntary participation of the members. Membership requirements include an approved outdoor activity, a scheduled lodge visit, recommendations by two members within a one year period, approval by the Board of Trustees, and payment of \$35 in dues for first household member, \$17.50 for each additional household member or those over 65 years of age and a \$15 entrance fee.

**Board Meetings (2nd Tuesday of the month at 7:30 pm) @**  
Rose Villa Fellowship Hall, 13505 SE River Road, Milwaukie, OR

President .....	Susan Saul
Vice President.....	Randy Dietrich
Secretary .....	Merrill Hugo
Treasurer .....	Audrey Perino
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Virginia Larson  
360-263-3541  
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## Announcements

The time is coming up for selection of the candidates for next year's officers. The positions that are going to open are:

Vice President  
Secretary  
Trustee-Publications  
Trustee – Trips

If you are interested in or know of anyone who might be interested please contact a member of the nominating committee:

Steve Brown - Wayne Schweinfest - Carolyn Jenkins  
Leonard Murphy - Craig Sharpe

## Events

**July 1 (Tues) Board Meeting**

The monthly board meeting is open to all members:  
7:30 p.m. at Rose Villa Fellowship Hall, 13505 SE River Road, Milwaukie.

**July 2 (Wed) Morning hike - Class A**

We hike 4 to 5 miles, usually in Forest Park, then lunch nearby.  
Meet: Wallace Park between NW 25th & 26th on Raleigh at 9:30 AM  
Leader: Virginia Fuller 503-520-1622

**July 2 (Wed) Evening Hike - Class B 6PM to 8PM ish**

We will hike approximately 6 miles in Forest Park and the West Hills with 500 foot elevation gain (not cumulative).  
Meet: Wallace Park between NW 25th and 26th on Raleigh.  
Leader: Craig Carlson 503-626-0438

**July 4th-6th (Fri - Sun) Independence Day at Nesika!**

On the 4th we will enjoy an exceptional menu of delicious recipes from the Rio Cliente Spa (near Guadalajara Mexico). The dishes are basically vegetarian but with the addition of fish. The menu also includes loads of fresh fruits and vegetables. Plan to stay over for the special breakfast on Saturday. The cost for the two meals is approximately \$8.00. The lodge will continue to be open and we have a cook/host for Saturday dinner and Sunday breakfast.  
Reservation deadline July 1st.

Meet: At the Palmer Mill Road gate at 9:30 am on the 4th.  
Host: Nancy Overpeck 360-573-6878; [overpeck@wa-net.com](mailto:overpeck@wa-net.com) Call if you need directions

If you need to come later I can try to match you with someone with a key who's coming later. Friday dinner will be a special vegetarian menu with a fish dish. Bring your own lunches and snacks. Nesika is off I-84 exit 28, past Angel Rest trail head (upper parking) to Palmer Mill Road (rough) directly to the gate. Please make your reservation as soon as you get this July Blazer (no later the July 1st).  
Nancy Overpeck 360-573-6878; [overpeck@wa-net.com](mailto:overpeck@wa-net.com)

**July 4th - July 14th Belden to Burney Falls Back Pack: Class C**

134 miles: We will drive down to the town of Belden CA on July 4th and start hiking north averaging 15 miles per day for 9 days. Only the experienced hiker need register. Pre-hikes with leader required. Register with Linda Conrad @ [lcgrconrad@aol.com](mailto:lcgrconrad@aol.com) or 360-837-3875.

**July 6-11 (Sun-Fri) Trinity Alps Backpack**

This moderate Backpack in Northern California. Drive is approximately 400 miles each way. Start at the Swift Creek Trailhead (camp night of July 5 at Preachers Meadow car camp?)  
Day one- Hike 5 miles to Granite Lake (6000 feet)

Day two- Explore the Granite Lake are, swim? The next two night's location will depend on snow level.

Day three- Hike with pack to Summit Lake. Explore Climb if desire?

Day four - Hike with pack to the Black Basin trail on the Bear Basin Trail. Will go by Diamond, Luella Lakes.

Day five- hike out on Bear Basin Trail (5 miles or so).

Either drive home or go to Weaverville to Spend night. An alternative itinerary would be to spend night 3 and 4 near the Black basin trail and do day hikes up to the lake basin and another hike to Mumford Meadow and Landers Lake.

Limited to six participants

Leader: Diana Forester, 503-288-7782

**July 8 (Tuesday) Silver Star Mt. Hike - Class B**

Views! Wildflowers! Indian pits! What more can you ask for?

Meet: Park and Ride at NE Sandy Blvd. and 70th Ave. (Nazarene Church parking lot) at 8:00 am

Leader: Bill Kingsbury (503) 281-4528 or wfcrowntown@gmail.com

**July 9 (Wed) Morning hike - Class A**

We hike 4 to 5 miles, usually in Forest Park, then lunch nearby.

Meet: Wallace Park between NW 25th & 26th on Raleigh at 9:30 AM

Leader: Phillip Jackson 503-639-6250

**July 9 (Wed) Evening Hike - Class B 6PM to 8PM ish**

We will hike approximately 6 miles in Forest Park and the West Hills with 500 foot elevation gain (not cumulative).

Meet: Wallace Park between NW 25th and 26th on Raleigh.

Leader: Cathy Schiedler 503-234-1839

**July 10 (Thurs) 6 p.m. Picnic at Gabriel Park**

45th Ave and Vermont St.

Picnic will be at the North end of Gabriel Park nearer to Vermont St. Bring a favorite dish to share and your own eating utensils. Social Committee will furnish beverage. Hiking trails on the South end of the park. Pool is on 45th.

Hostess: Callista Dunn cell 503 330-7344 or [Kissta9@aol.com](mailto:Kissta9@aol.com)

**July 10 (Thurs) Kelley Point Park Bike Ride - Class A**

Moderately-paced, flat ride with a number of stops through North Portland. We'll see industrial, natural and artistic sights. Route will take us on the Peninsula Crossing Trail and through the Smith and Bybee Lakes natural area where we may stop for a short hike (so bring a lock for your bike if it isn't too heavy). Bring a lunch for a picnic at Kelley Point Park. Meet at the University of Portland at 10 am. Come in the main entrance off of Willamette Blvd and make the first right. Parking lot is right next to the soccer center. Total mileage will be between 15 and 20 miles. There will be an option for a shorter or longer ride. Call or email with questions.

Leader: Audrey Perino 503-246-6462, 503-522-9911 (cell) or email [audrey53@comcast.net](mailto:audrey53@comcast.net)

**July 12-13 (Sat-Sun) Tye Work Weekend**

Persistent snow and lack of volunteers canceled our first work weekend. The ability to drive in and better weather will hopefully bring up more volunteers. If you use Tye in the winter please consider volunteering for one work party. Projects include: inventory of supplies, take down avalanche signs, assess winter snow damage, burn slash pile, label kitchen cabinets, clean out shop, organize wood pile, etc. In the evening we will discuss lodge improvements (long term and short term). Lodging and meals free to volunteers. Plan on starting at 10AM Sat. May 31st. Lodge will close Sun. at 2PM.

Need a cook and assistant. Lodge will be open Friday night at 5PM for those wanting to come up early. Bring your own dinner. Pancake breakfast provided. RSVP for work weekend by Tues., July 8th.

Contact: Stephen Brown, (360) 687-6169, [ryanbrowns4@spiritone.com](mailto:ryanbrowns4@spiritone.com)

**July 12 (Sat) Nesika Membership hike - Class B**

This hike satisfies the hike and lodge visit necessary for membership. We'll hike from the Multnomah Falls Lodge up to the top, and then continue along Multnomah Creek for a few miles till we cut off to the Lodge, with great views of the Gorge. Bring your lunch for eating at the lodge. There is drinking water there. Hike 8 rt miles with 1700ft elevation gain.

Meet at Gateway Transit Center at 8:30 or by the restrooms at Multnomah Falls at 9:20

Leader Brian Carlson 503.252.3608 [owatta@webtv.net](mailto:owatta@webtv.net)

**July 12-13 (Sat-Sun) Nesika Work Trip**

As usual the will be plenty to do on our lodge in the gorge. We will have tasks for all levels of skill and ability. The women's dorm overhaul will be in progress, we may start laying the block for the propane enclosure. There will be a fair number of painting and maintenance jobs to accomplish.

Register with Merrill Hugo at 503-293-5102 by 9 PM Wed July 9.

Meet at the lower gate, intersection of Brower Road and Palmer Mill Roads, at 9AM on July 12.

**July 13 (Sunday) Kayak Cowlitz River - Rating 2C**

Rating designation is defined on Trails Club of Oregon Kayak web page under Kayak Trip Rating System.

We will enter the lower Cowlitz River at Castle Rock and exit at Longview. Distance traveled is 16 miles and travel time is 4-5 hours. The current will range between 2 to 4 miles per hour. Some maneuvering skills are required. The upper half of the river is woody in nature and has a faster flow. The lower half becomes slower and begins to meander through rural farmland. If you enjoyed the trip on the upper Cowlitz last year lead by Rich Fuhs you will enjoy this outing. The group is limited to 10 kayaks. Reserve a spot by 7/10. Contact Rex Silvernail for details

Leader: Rex Silvernail [humshwha@pacifier.com](mailto:humshwha@pacifier.com) 360 263 7225

**July 13 (Sunday) Trapper Creek Hike- Class B**

North of the Columbia Gorge visit the densely forested Trapper Creek Wilderness, the site of a lodge that burned in 1934 which is now Government Mineral Springs Day Use Area. At the bottom of the canyon are 7 foot thick Douglas firs and the rushing Trapper Creek. The hike is 7.2 miles round trip. Driving distance about 29 miles beyond the Bridge of the Gods. Bring water, lunch and a snack. Wear hiking boots and appropriate clothing, rain gear if needed. Wilderness restrictions apply so hike is limited to 12 people.

Meet: Gateway at 8:00 am

Leader: Virginia Fuller (503) 520-1622

**July 15 (Tuesday) Wildcat Mountain - Class A**

The Douglas Trail to Wildcat gains 960 feet. We will try to continue on to the Big Meadow but since it is at the 4100 foot level, it is unlikely that the Bear grass is blooming. We will hope that the snow is gone and that the view will be good. Total mileage should be about 8 and elevation gain is less than 1000. The RT drive is 80 miles and there are no wilderness restrictions or forest pass required.

Meet: Troutdale Outlet Mall lot at 9:00 am

Leader: Diana Forester 503-288-7782

**July 16 (Wed) Morning hike - Class A**

We hike 4 to 5 miles, usually in Forest Park, then lunch nearby.

Meet: Wallace Park between NW 25th & 26th on Raleigh at 9:30 AM

Leader: Merrill Hugo 503-293-5102

**July 16 (Wed) Evening Hike - Class B 6PM to 8PM ish**

We will hike approximately 6 miles in Forest Park and the West Hills with 500 foot elevation gain (not cumulative).

Meet: Wallace Park between NW 25th and 26th on Raleigh

Leader: Gini Bateman 503-475-8712 [Ginibateman@aol.com](mailto:Ginibateman@aol.com)

**July 19 (Sat) River paddle trip, Class 2B**

Question is: which river? That will depend on water levels. This will be at max a 10 mile paddle, likely shorter. The Pudding River was fun earlier this year, the upper Cowlitz provided a couple of good trips last year, maybe somewhere on the Lewis River? Check the web for an update on the destination.

Contact leader for meeting place & time.

Leader: Rich Fuhs, (503) 690-5077; [Rich.Fuhs@Verizon](mailto:Rich.Fuhs@Verizon)

**July 19 (Sat) Bicycle Covered Bridges - Class B**

We will be visiting five covered bridges that are still in daily use. Bring a lunch; we will eat at a County wayside adjacent to one of the bridges, and next to a swimming hole. Your leader is fairly knowledgeable about covered bridges and about the Willamette Valley. The objective is to enjoy the covered bridges and the countryside as a group. Expect to spend all day as this is a leisurely trip with lots of stops.

Meet: I5 rest area south of Wilsonville, Time: 8:30 AM

Leader: Lou Sowa (503)320-0440 [L.Sowa@earthlink.net](mailto:L.Sowa@earthlink.net)

**July 19 (Sat) Spirit Lake Hikes (Harmony Falls and Norway Pass) tentative - Class B**

This pair of hikes, one easy and one moderate, offers spectacular views of Spirit Lake and allows you to gaze right into Mt. St. Helen's crater. The shorter Harmony Falls Trail takes us right to the water's edge. If we're lucky, the driftwood logs will be nearby for our viewing pleasure. A couple miles back up the road, the loop via Norway Pass takes us past a spire of welded ash and excellent views into the volcano's crater. These hikes are mostly unshaded, so bring a hat, sunscreen and plenty of water. Drive to Spirit Lake trailheads is about 100 miles. Combined hiking distance: 9.3 miles. Combined elevation: 1680 feet. If Road 99 is not open yet due to heavy snow, an alternative hike on Mt. St. Helens will most likely be chosen.

Meet: 7:15 at Salmon Creek Park and Ride (in Vancouver, where I-5 and I-205 merge) to leave at 7:30 am. Call leader if you need directions or to confirm location.

Leader: Donna Aase, 360-253-8420

**July 19-24 Marble Mountain Backpack - Class B**

We will hike in to Summit Lake from a Quartz Valley road head. We will then hike with Linda's group at least as far as Little Marble Valley and the retrace our steps to the starting point. This should be a fairly leisurely trip with some opportunities to explore the scenic central part of the Marble Mountains.

Approximately 45 miles total

Register with Merrill Hugo at 503-293-5102.

**July 19th to the 28th Etna Summit to CA/OR Border: Class C.**

We will drive down the night of the 18th of July and start hiking the morning of the 19th. We will meet up with Merrill Hugo's hiking group for night one and two around the Summit Lake area, then proceed down to the Seiad Valley. We will average 12 miles per day.

We will spend one night in a motel and proceed the last 38.3 miles to the OR border. Only the strong and experienced hiker need apply.

Qualifying hike must be made. Register with Linda Conrad at [lgrconrad@aol.com](mailto:lgrconrad@aol.com) or 360-837-3875

**July 23 (Wed) Morning hike - Class A**

We hike 4 to 5 miles, usually in Forest Park, then lunch nearby.

Meet: Wallace Park between NW 25th & 26th on Raleigh at 9:30 AM

Leader: Audrey Perrino 503-246-6462

**July 23 (Wed) Evening Hike - Class B 6PM to 8PM ish**

We will hike approximately 6 miles in Forest Park and the West Hills with 500 foot elevation gain (not cumulative).

Meet: Wallace Park between NW 25th and 26th on Raleigh

Leader: Donna Covi 503-286-7243 [dcibike2@aol.com](mailto:dcibike2@aol.com)

**Jul 24-29 (Thurs-Tues) Lake Plateau Backpack, Class B**

Trip full; alternates only The Lake Plateau in the Absaroka-Beartooth Wilderness, Montana, is the destination for this 6-day backpack with base camp and off-trail exploration. This moderate loop features a gorgeous, lake-dotted, high altitude plateau with a myriad of side trip opportunities and peaks to bag, as well as spectacular Columbine Pass. The trip starts and ends in Big Timber, Montana. Group size limited to 8. Registration required.

Leader: Susan Saul (360) 892-5643 or [sunr1s3cr33k@gmail.com](mailto:sunr1s3cr33k@gmail.com)

**July 26 (Sat) Independence/Buena Vista Bike Ride - Class B**

A mid summer ride through farmland and fields of Polk County. Mostly flat with rolling hills. The ride begins in Independence, west thru Monmouth, south on the old road to Helmick State Park and then east to the Buena Vista Ferry for lunch. After lunch we return to Independence. Route mileage app. 28/30. On Saturdays there is usually a farmers market in Independence. Bring lunch and lots of water. Ride begins at 10am at the Independence Riverview Park. Drive south on I-5 take the Salem Parkway then W on Hwy 22 over the Willamette River to Hwy 51 South to 200 S. Main in Independence. The Park will be on your left. Turn left into the park. Parking is down by the river.

For question or information contact

Leader: Ralph Rogers 503-434-6283

**July 26 (Sat) Opal Creek Wilderness-Gate to Cedar Flats-Class B**

We will do a round trip, moderate 10.5 miles, 500 ft elevation gain. Trail follows a primitive dirt road through old growth forest to the depression era mining camp of Jawbone Flats. From there we will continue along the North Santiam River to Merten Mill, Sawmill Falls, Opal Pool and ending at Cedar Flats before looping back. Forest Pass required.

We will meet at the Village Inn (Exit 290 off of I-5 on the West side of freeway at 8am

Please register with leader.

LEADER: Gini Bateman, [ginibateman@aol.com](mailto:ginibateman@aol.com), 503-771-1560

**July 26 (Sat) Hike on NW Corner of Mt Hood - Class C**

From the Top Spur TH, we'll head to the summit of Bald Mtn, then on up to McNeil Pt. As we leave McNeil Pt we'll veer off to the right above Cairn Basin. We may head over to the base of Barrett Spur & down past Dollar Lake, or drop down past the shelter at Cairn Basin on the way down to Eden Park. In either case, we'll loop past the Cathedral Ridge Tr on the way down. We'll cover 11+ miles with 3400+ feet of elevation change. Snow conditions may force a change of plans.

Trailhead Pass required. Wilderness Restrictions apply.

Contact leader for meeting place & time.

Leader: Rich Fuhs, (503) 690-5077; [Rich.Fuhs@Verizon.Net](mailto:Rich.Fuhs@Verizon.Net)

**July 26-27 (Sat-Sun) Hike and Dine at Tyege Lodge**

Join us for the first (can you believe it) hike and dine of the year at Tyege Lodge (that's if the snow finally melts)! An authentic Tuscan Italian meal will be provided by Ken Kane and Audrey Perino. Dinner Saturday night will be served at 6:30 and breakfast Sunday morning at 8. Please call for dinner reservations by Monday, July 21. The lodge will be opened and closed by Mike Harrison.

For more information about opening/closing times or anything else, please call Audrey Perino at 503-246-6462, 503-522-9911 (cell) or email [audrey53@comcast.net](mailto:audrey53@comcast.net).

**July 27 (Sun) Slower paced July Hike & Dine**

After breakfast we'll explore the areas around West Leg and East Leg Roads and maybe find the old PCT trail. Bring a lunch to eat while on the hike or back at the lodge.

Meet: Tyege Lodge at 10:00 am

Leader: June Smelser 503-668-4060, [junesmelsner@yahoo.com](mailto:junesmelsner@yahoo.com)

**July 26-27 (Sat-Sun) Bull of the Woods Loop Backpack; Class C**

Trip Full; Alternate only  
The Bull of the Woods Loop is located in the Clackamas River Ranger District. The trip consists of numerous small lakes, lots of berry picking and beautiful forests. The loop is 29 miles round trip with a 6000 feet elevation gain. Space is limited, dogs allowed with leader approval. You must be able to hike a minimum of 15 mile days with steep elevation gain. We will start at the Pansy Lake Trailhead, and camp at Elk Lake. You must be able to provide backpack experience to leader. Registration with the leader is mandatory.  
Meet: Contact Leader  
Leader: Lisa Conrad; 360-513-7134; [lmc31408@yahoo.com](mailto:lmc31408@yahoo.com)

**July 30 (Wed) Morning hike - Class A**

We hike 4 to 5 miles, usually in Forest Park, then lunch nearby.  
Meet: Wallace Park between NW 25th & 26th on Raleigh at 9:30 AM  
Leader: Wayne Schweinfest 503-253-3073

**July 30 (Wed) Evening Hike - Class B 6PM to 8PM ish**

We will hike approximately 6 miles in Forest Park and the West Hills with 500 foot elevation gain (not cumulative).  
Meet: Wallace Park between NW 25th and 26th on Raleigh  
Leader: Rich Fuhs 503-690-5077 [rich.fuhs@verizon.net](mailto:rich.fuhs@verizon.net)

**July 31 (Thur) Willamette Mission Bike Ride - Class B**

This is a day ride out of Willamette Mission State Park. The ride distance will be about 40 miles. We will tour the South French Prairie probably including Mt. Angel area for lunch. We can adjust the ride based on weather and participants interests.  
Meet: 15 Rest area just South of Wilsonville at 8:30 AM  
Leader: Louis Sowa 503-320-0440 [lsowa@earthlink.net](mailto:lsowa@earthlink.net)

**Trails Ahead**

**Aug 3-10, 10-17 (Sun-Sun) Wilderness Outing**

This year's outing to the Lake Chelan-Sawtooth Wilderness is FULL. If you would like to place your name on the list as an Alternate, call Diana Forester at 503-288-7782 or email [diana\\_forester@msn.com](mailto:diana_forester@msn.com)

**Aug 15 – 19 (Fri – Tues) the High Divide and Seven Lakes Basin Backpack; Class B-C**

Spectacular views of Mt, Olympus, but the elevation gains are modest and the distances very reasonable. North end of the Olympic National Park. For more see the Green Trails Map 133S. Limit to 6  
Meet: Contact Leader  
Leader: Jeff Lawton, [jeff@pdxinfo.com](mailto:jeff@pdxinfo.com)

**Aug 26 - 29 (Tues-Fri) Cottage Grove-Row River Trail Bike Tour**

Cottage Grove is known for its historic covered bridges. We will visit 7 of them while exploring the trail and the less traveled roads in the area. The trail is part of the National Rails to Trails system. This area is quite flat, mileage is between 20 and 35 a day. On the way home we will stop in Eugene and ride the bike paths along the Willamette River. We will car camp at Baker Bay Campground right on Dorena Lake. This campground has showers, a swimming hole, boat launch, small concession. The camping fee is around \$15.00 per night. Please contact leaders by August 15 if you are interested.  
Leaders: Gisela Piercy, 503 648-5885, [giselapiercy@aol.com](mailto:giselapiercy@aol.com). or Louis Sowa, 503 628-4919, [lsowa@earthlink.net](mailto:lsowa@earthlink.net)

**Aug 23-Sep 1 (Sat-Mon) Wallowa Mountains Backpack**

Eagle Cap Wilderness, OR Backpack; Class C Loop that will include Lakes Basin, some XC hikes. Approximately 40 miles under pack. Elevation from 5500' to 8500'. Limit 6.  
Leader: Rich Fuhs, (503) 690-5077 - [Rich.Fuhs@Verizon.Net](mailto:Rich.Fuhs@Verizon.Net)

**Aug 30 - Sept 1 (Sat-Mon) Around Mt Hood with the Mazamas -**

Join Trails Club leaders Roger & Karen Yanhs Anderson for the slow(er) pace group. A 3-day hike over Labor Day weekend around the most beautiful and close-to-home mountain. We will hike the complete Timberline Trail around Hood minus the slide area around Eliot Glacier. Every morning, shuttle will take you to the trailhead after a hearty breakfast. All you need to carry is your day pack, snacks, lunch and water. After hiking each day, return to the Mazama Lodge where you will enjoy great food, hot showers and a comfortable place to sleep and hopefully a few good stories from the day before turning in for the evening. [karen@trailsclub.org](mailto:karen@trailsclub.org)

**2008 SENIOR OUTING - Sept 16 through Sept 21st**

Four days and three nights at Twin Rocks Friends Camp in Rockaway Beach, Oregon. Eight meals and accommodations will be provided at the main lodge. There will be opportunities for short hikes in the vicinity, including trips to Cape Meares, Oceanside, and Astoria. The next two nights will be at Depoe Bay with accommodations at the old but delightful Whale Inn. Again there will be numerous short hikes available and visits to Lincoln City, Newport and vicinity. Cost per member will be about \$400 each, depending on individual's extra meals and incidentals. Each will be responsible for own transportation.

We will need to keep size under 20, and so far 14 have signed up. All Club Members desiring to participate in this year's Senior Outing must provide a deposit of \$60.00. Please make out check to Trails Club of Oregon and send promptly to TCO Treasurer, P.O. Box 1243, Portland, OR 97207-1243.

Questions? Please Call Leonard Murphy at 503-665-6449.

**Sep 20-21 (Sat-Sun) Wapiki Lake-Indian Heaven Backpack-C**

This is a beautiful hike with a class level between a B and C depending on the route we take. This first stretch is about 2.2 Miles with 1000 feet Elevation gain.

We can take a short detour to Deep Lake which is about 1/2 a mile. From there we continue the ascend to Lemei Rock doing 1.2 miles and ascending about 500 feet.

From there to Wapiki is about 1.1 mile descending about 1000 feet. The return is back to Cultus Lake on the same trail (2.3 miles going from 5240 to 5600 and back down to 5100 feet).

We then take the trail to the PCT to go around Bird Mountain. This portion of the trail is about 6.2 miles with a steep descend on the way back.

Space is Limited so registration with the leader is mandatory. Dogs welcome on hike, must inform leader ahead of time.

Leader: Claudio Bernstein, 503-806-8994, [cl-audio@comcast.net](mailto:cl-audio@comcast.net)

**Late Sep (dates TBD) Long John Lake Backpack, Class B**

Enjoy fall colors among the sub-alpine meadows and myriad lakes and ponds of the William O. Douglas Wilderness, Washington. On this 3-day trip, we'll pick a lake for a base camp and then spend our time day hiking up Tumas Mountain for a panoramic view of the Cascades and visiting other lakes and viewpoints. The backpack is about 10 miles; side trips up to 20 miles extra. Elevation gain with backpack 1,000 ft. Group size limited to 12. Registration required.  
Leader: Susan Saul (360) 892-5643 or [sunr1s3cr33k@gmail.com](mailto:sunr1s3cr33k@gmail.com)

**October 10-13 (Friday-Monday) Enchanted Valley in the Olympic National Park, Backpack; Class B+**

Friday drive time is approximately 3.5 hours to Quinalt, hike in 5 miles or so and camp. Saturday hike to Enchanted Valley. Camp and explore area. Sunday explore in the morning, return most of the way and camp along Quinalt River. Monday pack out and drive home. Distance 27 miles round trip. Modest elevation gain of 1100 feet but a lot of rollercoaster along the way.

Meet: Contact Leader

Leader: Jeff Lawton, [jeff@pdx.com](mailto:jeff@pdx.com)

**Kayaking**

See the kayak page on the Trails Club web site for the latest information on kayaking: trips, classes, leaders, and links to related information.

**Planned Backpacks**

Lisa Conrad, 360-513-7134, [lmc31408@yahoo.com](mailto:lmc31408@yahoo.com)

**Bicycle Trips for 2008**

Aug. 2/3, Sat or Sun: OPEN  
 Aug. 11, Mon. Eve: 2 hr ride, route to be decided by leader, Audrey Perino  
 Aug. 10, Sun: Grand Island - Louis Sowa, leader  
 Aug. 24, Sun: Smell the Roses Nursery Tour - Lisa Brice, leader  
 Aug. 25, Mon. Eve.: Sauvie Island - Lisa Brice, leader  
 Aug. 26 to 29, Tues-Fri.: Cottage Grove River Trail - Gisela Piercy/Louis Sowa, leaders  
 Sept. 6/7, Sat or Sun: OPEN  
 Sept. 13/14, Sat or Sun: OPEN  
 Sept. 20, Sat.: Multnomah Falls - Ralph Rogers, leader  
 For questions or if you would like to volunteer to lead a ride on any of the OPEN dates please contact  
 Gisela Piercy at 503 648-5885 or [giselapiercy@aol.com](mailto:giselapiercy@aol.com)

**TCO 2008 Lodge Work Weekend Schedule**

(Watch Blazer as work weekends get closer for more details)

<u>Nesika</u>	<u>Tvee</u>
August 9-10	August 9-10
September 13-14	September 13-14
October 11-12	

**2008 Hike and Dine:**

August 16/17 Bernice Schuchardt  
 September 20/21 Angelo Carella  
 October 18/19 Gerda Eck and Cathy Schiedler

**Trails Traveled**

Gathering near Fossil, OR on the evening of Thursday June 5th under the leadership of Wagon Master Merrill Newman, 12 Trails Club members embarked on a journey to Oregon's past. First stop, the prehistoric Age of Mammals, as seen at 2 units of the John Day Fossil Beds National Monument. All who attempted were able to complete the 1.5 mile "moderately strenuous" (and extremely windy) hike to a stunning viewpoint (with a bench) overlooking the famous Painted Hills. Most group members also took in the Thomas Condon Paleontology Center and some short, but scenic walks that afternoon. The campground near John Day sported running water and hot showers, as well as a spacious lawn for the group's variously sized tents. Day two was devoted to the town of John Day and its environs, starting with the Kam Wah Chung State Heritage Site. The visitor's center and museum highlight the role of Chinese immigrants in Oregon's past, especially in the gold rush days. After that educational tour, each car took the afternoon to lunch, sight see, and makes its way to the next campsite, which had no running water, but was situated next to beautiful Phillip's Lake. Bird and sunset watching were popular evening activities, as was trying to decipher the coyote howls. The next day featured more Gold Rush memorabilia, starting with a ride on the Sumpter Valley Railway, which was not really robbed. It was just practice for the "real" robbery on June 21st. This historic bit of track, dating back to the 1880s, terminates at the only State Heritage Area in Oregon that has a dredge floating in a pond of its own creation. In its 19 years of service, this dredge extracted one cubic yard of gold, weighing in at 9 tons and valued at \$4.5 million dollars. (That was at \$35 an ounce. Anyone want to do the math at today's

gold price?). After exploring the dredge, the surrounding piles of gravel tailings, and the small town of Sumpter (three restaurants to choose from and we all end up at the same place!), the group boarded the train for its return trip and headed towards the final campground in Baker City. Fortunately this one had running water and hot showers, because dinner that evening was to be a "formal" affair, indoors, at a restaurant. Although the food at Haines Steakhouse got mixed reviews, the company was great. Wagon Master Newman closed the evening with words of thanks and hopes for another equally great ramble next year. Next morning, many group members ended up at the nearby Oregon Trail Interpretive Center before heading home. All in all, it was an informative trip with a friendly group.  
 Submitted by Princess D. Aase

**History - June 1936 Trail Blazer**

JULY 4-5 LODGE TRIP Deep snows in the Jefferson Park area prohibit the scheduled trip this early, so we are substituting a trip to the Lodge. A two-day vacation should provide everyone with plenty of ambition and energy. To have Nesika in ship-shape condition by Labor Day will require plenty of good, hard work. Many loyal members have not found it possible to lend a hand so far, and we ask their support now. Those who don't feel inclined to put in some good licks will be welcome some other time. We promise you a rousing good time, and would like to see a gang like "olden tymes."

**Let's Talk About**

**The Mt. Hood Travel Plan Coordinator for BARK** shared some of their concerns and goals at a recent presentation with interested Trails Club members. How do we promote a long-term ecosystem for the Forest roads that will provide ecologically sound recreation opportunities for the public?

We must first look at the "Big Picture" by analyzing the roads presently in use so that all outdoor activities can be represented. Quiet zones for the hikers, birders and campers; other areas for the folks that use motorized vehicles and perhaps bikers.

Six specific areas are being scrutinized for use by the motorized vehicle users which include Sportsman Park, Rock Creek, Dee Flats and Gibson's' Prairie. Unfortunately the maps of these areas were not available for our viewing.

An interesting statistic shared was that approx. 98% of the visitors in the Mt. Hood are hikers, birders, campers and the other 2% are the most likely to do the "sweat work" when volunteers are needed to assist the USFS. We obviously need to not only be interested but to participate in the volunteer work programs. The whole process of identifying the roads to decommission, block off, educate the public, review the Environmental Impact Statements and attend the hearings will take time, patience and cooperation.

An important meeting to mark on our calendars is the one scheduled for **Sept. 26th, called the Mt. Hood Solution Summit**. This will be an open forum for comments and idea searching.

**Special Olympics need experienced Snowshoe trainers**

The coach education program will be held August 2nd & 3rd at Willamette University in Salem, the snowshoe trainers will only need to be there from about 8:30am-1pm on Sunday the 3rd. It would be great if a team of two would like to come, in the event that we have more than 12 coaches, we could break easily into two groups. We also may have a Special Olympics athlete there to assist you with the demos so coaches can see an athlete respond to the different activities. Interested folks please email me at [kmcfarlene@soor.org](mailto:kmcfarlene@soor.org) if you would like to come or have questions. Thanks so much, Kristen McFarlane, Director of Sports & Training

# Summary of Board Minutes

(Complete report on Member's web page)

Trails Club of Oregon  
Minutes Trustees Meeting, June 10, 2008

Susan Saul called the meeting to order at 7:30. David Conrad, Fendall Winston, and Diana Forester were absent.

The minutes for the April Meeting were approved as distributed with two corrections.

Virginia reviewed the mail received during the month. It included a volunteer opportunity in August to provide snowshoe training for the Special Olympics. This notice will be forwarded to our winter sports group.

**Treasurer's Report-** Beginning Balance 4/30/08 \$ 3,643.54

May Deposits 848.27

May Checks - 3,281.77

Ending Balance 5/31/08 \$ 1,209.04

Audrey reported a \$10,000 transfer from the investment account after May 31.

**Membership-** report below

(Msc Randy, Audrey) The membership committee is authorized to purchase 200 Trails Club Patches at a cost of approximately \$350.00.

**Trips-** There was no formal report- Virginia expressed her admiration and appreciation for the leaders of some of our major outings who manage to track the fees for a continually changing body of registrants.

**Publications-** Susan explained the attached flow sheet which shows the steps followed to prepare the blazer for printing.

Material for the Blazer should be submitted by noon on the 15th of each month.

The Board expressed its appreciation for Fendall's work on integrating our publications effort.

**Social-** Callista announced the picnic on June 19 and told us the June hike and dine at Tyee would be cancelled because of the snow condition.

**History-** The archivist has almost completed his work. New photo albums have been purchased and members are transferring photos to the new albums. Some of the longer term members have been helpful in identifying people and places in the photos.

Virginia and the archivist will select a permanent storage site for our materials.

**Investments-** We reviewed our current cash account and considered our needs for the remainder of the year.

**Unfinished Business-** Audrey, Virginia, Susan, and Merrill will sign for access to the safe deposit box at US Bank at 1:30 on June 18th.

Art will sign later.

The officers and Virginia will complete Virginia's annual review later in the afternoon of June 18th.

The July Board Meeting will be on July 1 at 7:30 at Rose Villa

Respectfully submitted Merrill Hugo

## PRESIDENT'S MESSAGE

By Susan Saul

Volunteers are the life blood of the Trails Club. Can you imagine the Trails Club without any hikes on its events schedule? Can you imagine Nesika and Tyee locked up and abandoned? Can you imagine the Trails Club without a banquet, picnics and "Adventures and Travels" nights? Can you imagine the Trails Club without a Board of Trustees to provide leadership and make decisions?

All of those scenarios are real possibilities without volunteers to make them happen. We all know that volunteering some of our time for the club is something that we should do. There are reminders all through this *Blazer* that our help is needed. The club will significantly benefit from any time we contribute, but we can benefit as well. Personal payoffs of volunteering for the Trails Club include:

- make new friends
- have fun!
- make a difference
- find purpose
- connect with your club
- feel involved
- contribute to something you care about
- use your skills productively
- develop new skills
- feel needed and appreciated
- do something different
- cultivate new interests
- repay what you have received
- improve your health
- be challenged

Volunteers are needed to lead hikes, backpacks, snowshoe and ski trips, bicycle rides, and kayak trips. Volunteers are needed to help maintain and improve the lodges, and to host and/or cook for lodge events. Volunteers are needed to help with social activities like the monthly hike 'n' dines, annual meeting and banquet. Volunteers are needed to help produce the *Blazer* and maintain the TCO website. Volunteers are needed to monitor conservation issues relevant to the club.

If you step up to volunteer, you will not be thrown in to sink or swim. Trustees and committee chairs will provide training and support to help you get comfortable in your volunteer role.

The primary reason people volunteer is because they are asked. So consider yourself asked!! Pick a way to help the club and contact the appropriate chair or leader to get started.

## Membership Notes

Do you know a prospective new member? Send their name and address to [membership@trailsclub.org](mailto:membership@trailsclub.org) for them to receive a couple of Blazers for free. This is the best way to report guest information from hikes, lodge visits, and other trips.

### 1<sup>st</sup> Readings

Meladee A Martin  
4009 SW Seymour Ct  
Portland, OR 97221  
503-245-9868

[Meladee.M@comcast.net](mailto:Meladee.M@comcast.net)

Sponsors: Lila Grossman  
Katherine Carella

Bill Yandon  
501 Buckley Lane  
Newberg, Or 97132  
503-538-3643

Sponsors: Audrey Perino  
Callista Dunn

### 2<sup>nd</sup> Readings

Charles D Layman  
Debbie J Layman  
Willia J Perez

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P.O. BOX 1243  
Portland, OR 97207-1243  
Information Phone 503-233-2740  
[www.trailsclub.org](http://www.trailsclub.org)

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ADDITIONAL MAILING OFFICES

**July, 2008**

#### **Lodge Scheduling Guidelines and Procedures:**

The following guidelines are used for scheduling and reserving our beautiful lodges for club sponsored and general membership usage. These guidelines help assure that training has been provided for all members wishing to host an event at a lodge and that lodge availability is fair to club members.

1. Only Members in good standing can schedule and open our lodges.
2. To host a lodge event you need to have been checked out for opening and closing the lodge, request a lodge key and request current instructions from the Lodge and Properties chairperson.
3. If more than five non-members per member will be at a lodge, board approval is required to use a lodge.
4. Private groups using the lodge will allow other Trails Club members to also use the lodge when space is available.

#### **Lodge Scheduling Guidelines and Procedures:**

1. Check for available date(s) by contacting the Vice President or the website at <http://www.trailsclub.org/events/lodge-open2.htm>.
2. Events chairpersons (Winter Sports, Social, etc.) also need to clear the dates with the Vice President.
3. Contact the Vice President to schedule the lodge date. If board approval is required, the VP will make the request at the next board meeting and notify you when you are approved. The VP will notify the webmaster to put your event on the Lodges calendar.
4. Once the lodge event date has been approved, it is your responsibility to submit a Blazer article to get your event on the monthly calendar.

5. A Lodge Host packet will be sent to you with all necessary forms. After hosting at a lodge the hosting forms must be completed returned, with the lodge fees, to the TCO PO Box 1243, Portland, OR 97207.
6. When one or more persons uses one of the lodges without a host, then one person must collect the fees, fill out the forms and send both to the TCO PO Box.

Webmaster: Karen Yanhs  
Vice President: Randy Dietrich  
Lodge & Properties Trustee: David Conrad

#### **Newsletters**

Send write-ups to: [blazer@trailsclub.org](mailto:blazer@trailsclub.org)  
Submissions are due before fifteenth of the month of publication.  
Please use the following format:

Month. # (Day) Event Class A  
Description  
MEET: Place, Time  
LEADER: Name Phone and/or email.

Editor: Fendall Winston  
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Send pictures, new events or corrections and anything else for the Trails Club of Oregon's Web site [www.trailsclub.org](http://www.trailsclub.org) to [webmaster@trailsclub.org](mailto:webmaster@trailsclub.org)