



Trail Blazer

Vol. 82 No 4 for information, call 503-233-2740 (Portland, OR) or access www.trailsclub.org. April 2009

Upcoming Events		
Date	Day	Event Description
1	Wed	Morning hike - Class A to A +
1	Wed	Evening hike - Class B
2	Thurs	Social Committee Meeting
4-13	Sat-Mon	Burney Falls CA & South, Day Hike and Backpack – Class C
4-5	Sat-Sun	Pollallie Ridge S/S /snowcamp - Class C
4	Sat	Springwater Trail Hike – Class A
5	Sun	Angels Rest Hike - Class A+
5	Sun	Wauna Point Col. Gorge Hike - Class B
7	Tue	Board Meeting - 7PM, Mazama MC First Tuesday this month only
8	Wed	Morning Hike - Class A to A+
8	Wed	Evening Hike - Class B
8	Wed	Eastern Gorge Wildflower Hike - Class B
11-12	Sat-Sun	Hike & Dine – Nesika - Cancelled
11	Sat	Eagle Creek to High Bridge - Class A+
12	Sun	Hamilton Mountain Loop Hike - Class B
13	Mon	Seattle to Portland Ride Meeting
14	Tue	Womens Beginning Backpacking Class
15	Wed	Morning Hike - Class A to A+
15	Wed	Evening Hike – Class B
15	Wed	Blazer Deadline
16	Thurs	Adventures & Travel: Ireland
16	Thurs	Hike&Soak-Bagby Hot Springs–Class B
18	Sat	Nesika Lodge Membership Qualifying Hike – Class B
18	Sat	Burnt Bridge, Discovery Trail Bike Ride – Class A
18-19	Sat-Sun	Nesika Work Trip
19	Sun	Lacamas Park Hike - Class A
21	Tue	2009 Kayak Kick-off Meeting
22	Wed	Morning Hike – Class A to A+
22	Wed	Evening Hike – Class B
23	Thur	Cherry Orchard Hike with Bill Sullivan – Class B+
25	Sat	Vancouver Lake Bike Ride – Class A
25	Sat	President's Hike – 7 Mile Hill – Class B
26	Sun	TCO Banquet
26	Sun	Monster Cookie Bike Ride – Class B+
28	Tue	Cape Horn Loop Hike – Class B
29	Wed	Morning Hike – Class A to A+

Upcoming Events		
29	Wed	Evening Hike – Class B
29	Wed	2009 Backpack Planning Meeting
May 2-3	Sat-Sun	Nesika Lodge Trail Work Trip & Backpack,Dog Friendly
3	Sun	Green Leaf Overlook Hike/Swim-Class A
6	Wed	Evening Hike – Class B
Scheduling is updated on web site www.trailsclub.org		
Meeting places are detailed at the end of events section		
TRIP FEES: Members,\$1; Guests \$2; Carpool 10 cents/mile		

Announcements

86th Annual Banquet
Sunday, April 26, 2009 at 6:00 p.m.
Monarch Hotel
12566 S.E. 93rd Ave.
(South of Clackamas Town Center)
For additional information or
registration look on TCO website or call or email
Callista Snively
(503) 330-7344 Kissta9@aol.com

Exploring Oregon's Wilderness A lecture and slide presentation by William L. Sullivan

Oregon's bestselling outdoor author will take us on a slide show tour of the state's most beautiful Wilderness Areas -- including areas about to be designated by Congress. From Mount Hood to the Wallows, from the Oregon Dunes to Steens Mountain, expect tips for summer backpacking, winter tours, and day hikes amidst Oregon's most spectacular scenery, based on Sullivan's upcoming "Atlas of Oregon Wilderness." As always, Sullivan spices his talk with notes on the geology, wildlife, and history of the land.

Sullivan is the author of a dozen books about Oregon, including "Oregon Trips & Trails," "Oregon's Greatest Natural Disasters," Hiking Oregon's History, and the popular "100 Hikes" series. His journal of a 1000-mile hike he took across Oregon in 1985, "Listening for Coyote," was chosen by the Oregon Cultural Heritage Commission as one of Oregon's "100 Books," the 100 most significant books in the state's history. He has also written a memoir and two novels.

Sullivan will have his books for sale at the banquet.

Trail Skills College June 5-7 2009

The 2009 Columbia Cascades Trails Skills College will be held June 5-7 2009 at the Port of Cascade Locks Marine Park. Sponsored by the Pacific Crest Trail Association and the Trail-keepers of Oregon, the college will teach volunteers essential skills in trail construction, design and maintenance.

Classes are at no charge and will run all day June 5th through the 7th with hands on training at the many nearby trails of the Columbia River Gorge.

For those interested in attending, sign-up information can be found at www.pcta.org/trailskillscollege, or by calling 916-349-2109. Check out this Online Poster for basic information.

Lassen Hiking Outing planned for July 11-18, 2009

Lassen Volcanic National Park is a rare and special place. It is one of the least visited of the National Parks yet most all who visit love the combination of diverse landscape and fascinating geology. There are thermal features found almost nowhere else except Yellowstone, jagged peaks, many small lakes, and both dense forest and meadows. The trails are numerous and well maintained. We plan to hike Broke off Mountain as well as Lassen peak. We will stay at a group camp site at Lost Creek and the plan is to do group meals but probably less complex than the meals during the Alpine Outing because we will be storing the food in the bear boxes provided at our camp site. The cost of the outing will include food. There are pit toilets and water at the camp site but no electricity. The park will only allow six cars at the camp site so the group size is limited. Cost will be \$150 per person. Sign up by sending in a \$50 deposit to Joyce Rasmussen at 8358 NE Schuyler, Portland,

2009 Alpine Outing will be in Eagle Cap Wilderness

The Willowa Mountains are famous for their beauty and we will be camping in the Upper East Lostine River Valley not too far from Mirror Lake. Pack horses will bring in your tent and personal gear as well as all the food for the week. We will feast on real food including fresh fruit and salad. There are numerous possibilities for hiking and a climb of Eagle Cap is possible. You need to reserve your spot by April 1 by sending in the deposit of \$100 (make the check out to the Trails Club of Oregon) to Joyce Rasmussen at 8358 NE Schuyler, Portland, Or. 97220-5541. The total cost will probably be \$300 for each of the weeklong sessions. The first session will be from Aug. 2 to Aug 9, 2009 and the second session will be from Aug. 9 to Aug. 16, 2009. Please indicate which session you wish to attend when you send in the deposit. Only Trail Club members are allowed to sign up before April 1st.

The Alpine Outings are a unique opportunity to spend time in an area usually only accessed by backpacking but without having to carry in a pack. If you have questions about signing up call Joyce at 503-253-6587. If you have questions of a more general nature you can call Diana Forester at 503-288-7782.

Portland to Coast Walk Relay, August 28-29, 2009

Would you be interested in participating as part of a TCO team in a 127 scenic-mile relay to Seaside? Teams will comprise twelve members, and local teams need to provide three volunteers. If you are interested, please contact Barbara Warren-Sams at 503.281.6094 **ASAP**. The event will sell out, so we need to register early if TCO is going to participate. Check out www.portlandtocoastwalk.com for more details.

Redwoods Fall Outing - September 21-26, 2009

Would you like to visit or revisit and hike some of the many trails in the Redwood and the Myrtle tree forests? Perhaps take a jet boat ride up the Klamath or Rogue rivers or walks on the southern Oregon beaches. These and many more options are yours by joining the six day outing planned for September 21 - 26, 2009.

We will be staying all five nights in a pleasant motel near the ocean in Brookings and within easy walking distance to your choice of several restaurants.

Contact either Walt Garvin at (503 652-3242) or Leonard Murphy at (503 665-6449) if you are interested in joining this inexpensive fall outing experience and to insure a place on the van we will be using for transportation.

There will be an informational meeting soon after sufficient numbers warrant the meeting. This is not the "Senior Outing" and is open to all ages. The group will be limited to twelve to fourteen.

Sep 14-17 (Mon-Thu) San Juan Islands Kayak

Paddle through the beautiful San Juan Islands for four days, camping on a different island each night. We will be using the guide services and local knowledge of tides, currents and campsites offered by Ken Campbell, who has written 3 guide books on kayaking in the San Juans.

You provide: transportation to and from Anacortes, boat and gear, food and camping equipment for a 3 night, 4 day expedition paddle trip (that means you carry all your gear in your boat for the duration of the trip). Difficulty: Ken has suggested four itinerary options, ranging from 27 - 37 miles total. The longest day would be 13 miles in the two more ambitious options. Total miles is not the only measure of difficulty but it helps understand the quantity of paddling to be done. You will be paddling in wind and currents. TCO ratings range 2B - 3C (see TCO website for descriptions). Immersion wear (drysuit or wetsuit) required. Group size limited to 8. Cost: \$107.50 (8 people) to \$215 (4 people); final cost will be determined by the number of people signed up. Deposit: A \$86 deposit will be required to hold your space. The deposit will be refundable if you find someone to take your space or there is someone on a waiting list to take your space. Balance will be due Aug. 1.

Start & End: Anacortes, Washington

Contact: Susan Saul (360) 892-5643
or sunr1s3cr33k@gmail.com



Gentle Reminders

Class A –Shorter, less strenuous activity, **Class B** –Longer miles, more elevation gain, **Class C** –Long and difficult – strong experienced participants only. Harsh or unusual conditions may greatly increase the exertion and skill required. Please be prepared for level of the hike you are planning to take with the Trails Club.

Good walking shoes or boots are required on the trail. Boots are recommended for B/C hikes.

Bring plenty of water and a sack lunch. Please, no alcohol.

Pets allowed on designated trips only.

Everybody should stay with the group and follow the hike leader. The hike leader is responsible for the group's safety. The hike leader is responsible for determining trails to be taken. Last, but not least, the leader has authority to determine if a hiker is prepared for the hike. Group safety must come first.

If you have reserved for an activity at a lodge that involves food expense and are unable to participate you are obligated to do one of the following: cancel before the food is purchased, find someone to take your place, or pay for your share of the food.

The Trips Trustee will approve all hikes.

Events

April 1 (Wed) Morning hike - Class A to A +

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. If you would like to know the distance or difficulty of the hike call the leader.

Meet: Wallace Park on NW Raleigh at 9:30 AM

Leader: Phil Crosby 503-636-1853

April 1 (Wed) Evening Hike - Class B 6PM to 8PM ish

We will hike approximately 6 miles in Forest Park and the West Hills with 500 foot elevation gain (not cumulative). Meet: Wallace Park between NW 25th and 26th on Raleigh.

Leader: Gini Bateman 503-475-8712 ginibateman@aol.com

April 2nd (Thur) Social Committee Meeting

Meeting to plan 86th Annual Banquet and other special events for 2009. We will be meeting at Lila Grossman's at 7 p.m. Call for directions and to let us know that you will be attending. Please RSVP with Callista Snively (503) 330-7344 or Kiss-ta9@aol.com

April 4-5 (Sat-Sun) Pollallie Ridge snowshoe - Class C

To culminate the season, you have an opportunity to snowshoe above the treeline, this ridge extends to a viewpoint of Elliot Glacier, weather and energy permitting, this will be the highlight of this trip. There is a day trip available as well as a snowcamp. Together we'll ascend this trail on the North side of Mt. Hood. Jill Nathman will lead the daytrippers back down the mountain via the Tilly Jane trail. Some will bring their tent and camp gear including lunch, dinner and breakfast to watch the evening lights in the valley and gaze at the stars at night, then return to the trailhead with Allen Burrell on Sunday.

Elevation gain 2500 to 3000 ft, 6 to 8 miles.

Registration required.

Meet: Gateway 7:30am

Leaders: Allen Burrell phone 503-654-1353 email burrell@teleport.com and Jill Nathman 503-281-8815

April 4-13 (Sat-Mon) Burney Falls CA & South, Day Hike and Backpack

This trip will be Pacific Crest Trail oriented. It will feature day hikes with car support and will include one or two overnight backpack stays. We will head south out of Burney Falls State Park in Calif. Daily hike mileage could be as low as 13 and as high as 20 miles per day. We will attempt the Mt. Lassen section of the trail if possible. Our activities may be limited by existing snow levels, water availability and car access. Preregistration is a must. Prior backpacking experience mandatory. Leader: Linda Conrad 360-837-3875 or lcgrconrad@aol.com. Register by April 1st.

April 4 (Sat) Springwater Trail Hike – Class A

This is a great hike along the Springwater Corridor Trail from Gresham west toward the backside of Powell Butte. It includes a view of Johnson Creek. This is part of the 40-mile Loop around Portland. Walk 6 miles with little elevation gain.

Meet 10:30 a.m. at the end of Main Street south of Powell Blvd. in Gresham. This is just beyond Main City Park. Please call the leader for complete driving directions if necessary.

Leader: June Smelser 503-668-4060 junesmelsel@yahoo.com

April 5 (Sun) Angels Rest Hike - Class A+

We'll hike up to Angel's Rest, 4.6 miles round trip with 1500 feet of elevation gain. Great views if weather cooperates. This is April, so best to be prepared if the weather turns damp.

Drive 42 miles round trip with no trailhead permit required.

Meet: Gateway Park & Ride at 8:30 a.m.

Leader: Bill Yandon 503-538-3643 or wkyandon@earthlink.net

April 5 (Sun) Wauna Point Columbia Gorge Hike - Class B

Hike until we look down upon the Columbia River and Bonneville Dam. A blocked road, which adds a couple miles, keeps most people away from this area. We start from the Tooth Rock trailhead near Bonneville Dam. Hike 9 miles with 2200 feet elevation gain. Bring lunch, water. Trailhead parking pass required for drivers.

Meet: Gateway Park and Ride at 8:30 a.m.

Leader: Brian Carlson 503 252 3608 or Owatta@webtv.net

Apr 8 (Wed) Morning hike - Class A to A +

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. If you would like to know the distance or difficulty of the hike call the leader.

Meet: Wallace Park between on NW Raleigh at 9:30 AM

Leader: Richard Gaunt 971-404-1153

April 8 (Wed) Eastern Gorge Wildflower Hike - Class B

Dalles Mountain Ranch located adjacent to Dalles Mountain Ranch Washington State Park offers spring wildflowers, grassland meadows, views of Mt. Hood, and easy hiking along a roadway. This will be a leisurely hike with emphasis on enjoying early spring wildflowers and the views from the eastern end of the Columbia Gorge National Scenic Area. Hike 7 miles with 1000 feet of elevation gain. Drive 160 miles round-trip.

Meet: Lewis and Clark State Park to carpool (paved parking lot south of I-84 crossing of the Sandy River entrance off SE Crownpoint Hwy) at 8:30 am

Leader: Bill Savery 503-295-5868 or saveryw@comcast.net

April 8 (Wed) Evening Hike - Class B 6 to 8:30 PM ish

We will hike approximately 6 miles in Forest Park and the West Hills with 1000 foot elevation gain (not cumulative). Please bring a headlamp. This will be a great elevation training hike. Meet: Wallace Park between NW 25th and 26th on Raleigh. Leader: Rich Fuhs 503-690-5077 rich.fuhs@verizon.net

April 11 (Sat) Eagle Creek to High Bridge Hike - Class A+

Come to see this spectacular trail with water falls and flowers. Hike 7 miles with 700 feet elevation gain. Trailhead Parking Pass required for drivers. Meet: Gateway Park and Ride at 8:30 a.m. Leader: Mel Taylor 503-639-9160 (home) or 503-888-7203 (cell)

April 12 (Sun) Hamilton Mountain Loop Hike - Class B

Join us on this classic Columbia Gorge hike in Washington. This is for fairly fit hikers. We won't try to break speed records, but we'll get some exercise. Weather permitting we'll stop for some pictures, too. Hike 7.5 miles with 2,100 feet of elevation gain. Drive 88 miles round trip. Meet: Gateway Park & Ride at 8:00 a.m. Leader: Hank Itkin 360-696-5902

April 13 (Mon) Seattle to Portland Bike Ride Meeting

Anyone interested in participating in the Seattle to Portland bike ride as a Trails Club Team, come to the meeting to discuss logistics. Contact Allen for directions to the meeting. Allen Burrell, 503-654-1353 or burrell@teleport.com

April 14 (Tue) Womens Beginning Backpacking Class

This class is for women hikers who would like to branch out into backpacking. Topics to be covered include packs, tents, sleeping gear, food, cooking, water purification, clothing and hygiene on the trail. The class will be followed by a one night backpack with dates and destination to be decided by the group. Class size limited to 6. Meet: 7 p.m. Registration Required. Leader: Susan Saul (360) 892-5643 or sunr1s3cr33k@gmail.com

Apr 15 (Wed) Morning hike - Class A to A +

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. If you would like to know the distance or difficulty of the hike call the leader. Meet: Wallace Park between NW 25th & 26th on Raleigh at 9:30 AM Leader: Wayne Schweinfest 503-253-3073

April 15 (Wed) Evening Hike - Class B 6PM to 8PM ish

We will hike approximately 6 miles in Forest Park and the West Hills with 500 foot elevation gain (not cumulative). Meet: Wallace Park between NW 25th and 26th on Raleigh. Leader: Gerda Eck 503-654-1353 or gerdaeck@comcast.net

Apr 16 (Thurs) Adventures and Travel: Ireland

Ken Kane has made four trips to Ireland this decade. In doing so, he's covered the better part of the Emerald Isle, both quantitatively and qualitatively. Though Ken does most of his hiking while pulling his golf bag behind him, he promises a slideshow that is heavy on the sights of both rural and urban Ireland, and light on the links. From Dublin to Doolin and Ulster to Cork, we'll get a sense of what makes Ireland so enchanting ... and we don't mean leprechauns! Come early for dessert and coffee. Meet: Rose Villa 13505 SE River Road, Milwaukie, 7:30 p.m. Contact: Callista Snively 503-330-7344 or Kista9@aol.com

April 16 (Thu) Hike & Soak at Bagby Hot Springs - Class B

Snow covered roads should be clear by April, so join Joe and couple of personal friends for "chilling out" (relaxing) in hot tubs, but first a bit of a work out. We'll go beyond the easy 1.5 mile walk into the soaking pools, past an intimate little waterfall and up an easy graded trail for an extra 60-90 minutes before lunch break and returning for a solid soak on the way back. Bring towels, suggest suits, but be prepared for clothing optional atmosphere. Hike 8-10 miles total at active pace. Elevation gain is not measured. Prepare for colder/wetter weather than around PDX and muddy trails. Driving distance is not measured. Expect a full day out. Drivers may need a trail head parking pass. Meet: Clackamas Fred Meyer (Highway 224 east of 205) NW corner of parking lot at 9:00 a.m. Leader: Joe Sanders 503 645-0112 or joe.surfsand@gmail.com

April 18 (Sat) Nesika Lodge Membership Qualifying Hike – Class B

Enjoy the view from the top of Multnomah Falls then continue to follow the canyon upward passing several other waterfalls as you climb along the fern and forest lined trail. Our ultimate goal is for you to eat your lunch beside the fireplace at Nesika Lodge or at the exceptional panoramic view from Waespe Point. This hike and lodge visit meet club membership requirements. Sturdy hiking boots and a walking stick are recommended. Bring water and lunch. Hike about 8 miles with about 1800 feet of elevation gain. Meet: Gateway Park & Ride at 8:30 a.m. Leader: Jane Storey 503-724-5467 or andrewstorey@comcast.net

April 18 (Sat) Burnt Bridge, Discovery Trail Bike Ride - Class A

First bike ride of the season. We will ride the Discovery Trail, Burnt Bridge section. Meet at Fruit Valley Road and Bernie. Park on Bernie. New entrance to this park. Directions: North on I-5 to Vancouver, Exit 4, Left (W) on 78th Street, dead-ends into Lake Shore/Fruit Valley Road make left. Immediate left(E) on Bernie. Park. For information call Nancy Overpeck 360-573-6878 or overpeck@wa-net.com

April 18-19 (Sat-Sun) Nesika Work Trip

You are all invited to help TCO assess and repair winter weather damage to our beautiful Nesika Lodge. Regardless of your skill set, you can make a valuable contribution. Come for the day or for the weekend. A few of us may even go on Friday afternoon.

The main gate will be open Saturday from 9:00 to 9:30 AM or by special arrangement (call me if you want to sponsor a later opening).

Our 2009 list of projects include:

- Clear road to Nesika of fallen trees and collect for firewood
- Inspect and clear Nesika area trails of storm debris
- Repair floor of women's outhouse (rotten floor boards)
- Repair roof of men's outhouse (possible storm damage)
- Pressure wash and seal logs on cupola
- Clean both dorms
- Brush remaining area from lodge to tractor trail
- Install task lighting over wood stove and kitchen island work areas
- Rework east wall of women's dorm (Tyvek and new windows, paint, etc.)
- Paint areas left unpainted from previous women's dorm work
- Build propane shelter block wall
- Fill firewood shelters
- Investigate and remedy (if needed) spring water flow volume
- Water proof chimney
- Paint men's dorm

Walt Garvin has graciously volunteered to cook so let us know if you plan to come and what meals you will be present for. There's even a rumor that an espresso machine will be somewhere about the premises for times when the electricity is on. Contact: Richard Gaunt- rgaunt@comcast.net 971-404-1153

April 19 (Sun) Lacamas Park Hike - Class A

Walk an easy paved path along Lacamas Lake and visit the Round Lake dam and picnic area for our lunch stop. This is a pleasant hike to watch for birdlife even on a rainy **day and a** great opportunity to get out of the house. Hike 7 miles with almost no elevation gain. Drive 30 miles round trip.

Meet: Gateway Park and Ride at 9:30 a.m.

Leader: Bonnie Tucker bonniet@comcast.net or contact Nancy Overpeck at 360 573 6878

Apr 22 (Wed) Morning hike - Class A to A +

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. If you would like to know the distance or difficulty of the hike call the leader.

Meet: Wallace Park between NW 25th & 26th on Raleigh at 9:30 AM

Leader: Audrey Perino 503-246-6462

April 22 (Wed) Evening Hike - Class B 6PM to 8PM ish

We will hike approximately 6 miles in Forest Park and the West Hills with 500 foot elevation gain (not cumulative).

Meet: Wallace Park between NW 25th and 26th on Raleigh.

Leader: Bruce Seymour 503-722-2290 var-gas5714@hotmail.com

April 23 (Thur) Cherry Orchard Hike with Bill Sullivan – Class B+

Join our banquet speaker, Bill Sullivan, on a pre-banquet hike! We'll climb up a series of steep benches above Lyle, gaining 1,000 ft. elevation in the first mile. Then we'll head more gently cross-country up a ridge through oak woodlands and end at an abandoned cherry orchard for lunch. We'll return on the trail. Great wildflowers and views. Be prepared for ticks and poison oak. Hike 6-7 miles with 1,800 ft. elev. gain. Drive 120 mi. round trip. Bridge tolls.

Meet: 8:15 a.m. Lewis and Clark State Park, Troutdale

Leader: Susan Saul 360-892-5643 or sunr1s3cr33k@gmail.com

April 25 (Sat) President's Hike–Seven Mile Hill - Class B

We will adventure up a prairie mountain slope during the peak of the balsamroot bloom. There is not any trail so wear good boots. Trekking poles recommended. Be prepared for ticks, poison oak, windy conditions and a steady climb to the top where we will have views of the Gorge and Cascade peaks. Hike 6 miles; 1,200 feet elevation gain. Drive 130 miles round trip.

Meet: Gateway Park & Ride at 8:00 a.m.

Leader: Susan Saul 360-892-5643 or sunr1s3cr33k@gmail.com

April 25 (Sat) Vancouver Lake Bike Ride - Class A

Ride an easy 10 or 15 miles out to Vancouver Lake, Frenchmen's Bar and on to the end of the road if the weather and the riders are up to it. Bring your lunch and enjoy the lake, river and the many birds around this area.

Meet: Fruit Valley Park at 10 AM. Call for directions if needed.

Leader: Ann Marie Dudley (360) 944-6573 or annnudley@juno.com

April 26 (Sun) Monster Cookie Bike Ride - Class B+

This annual ride is a metric century (62 miles) with the Salem Bike Club from the State Capital to Champoeg for lunch, then back to Salem. Get forms from local bike shops or the Internet, www.salembicycleclub.org. Please register with leader by Saturday April 25.

MEET: 7:30 Across the street from in front of the State Capitol

LEADER: Lou Sowa 503-320-0440 lsowa@earthlink.net

April 28 (Tues) Cape Horn Loop Hike - Class B

This hike is close to town and affords spectacular views of our mighty Columbia River from the Washington side. The elevation gain on a well graded forest trail takes us to a marvelous viewpoint then we descend almost down to the river for lunch atop a railroad tunnel. Immense rocky pillars protruding out of the water are named Cape Horn and were photographed by early explorers. The terrain becomes rocky and takes us behind a surprise waterfall. Sturdy hiking boots and poles are strongly recommended. Hike 8 miles with 1100 feet of elevation gain/loss. Drive 50 miles round trip.

Meet: From I-205 take exit 24B, then follow Airport Way East and turn into the Home Depot parking lot. Meet at 9:00 a.m.
Leader: Gerda Eck 503-654-1353 or gerdaeck@comcast.net

Apr 29 (Wed) Morning hike - Class A to A +

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. If you would like to know the distance or difficulty of the hike call the leader.

Meet: Wallace Park between NW 25th & 26th on Raleigh at 9:30 AM

Leader: Jane Storey 503-724-5467

April 29 (Wed) Evening Hike - Class B 6PM to 8PM ish

We will hike approximately 6 miles in Forest Park and the West Hills with 500 foot elevation gain (not cumulative).

Meet: Wallace Park between NW 25th and 26th on Raleigh.
Leader: Cathy Schiedler 503-234-1839 catherineschied@juno.com

April 29 (Wed) 2009 Backpack Planning Meeting

Please join us for our 2009 Backpacking meeting. This meeting will be for those interested in leading backpacks, and those interested in attending the 2009 backpacking trips. Please bring a backpacking area wish-list and a list with a couple hikes you plan on leading this year. If you are able to, please RSVP via email, unless you don't have access to the internet. I will update the meeting location and let all know who have rsvp'd when I have the location. See you there!

Meet: 7:00pm place to be determined

Leader: Lisa Conrad 360-513-7134
lmc31408@yahoo.com

May 2-3 (Sat-Sun)Nesika Lodge Trail Work Trip and Backpack, Dog Friendly

Come join us as we clear some of the favorite trails surrounding the Nesika Lodge area. Bring your trail clearing tools, such as loppers and pruning saws. We will clear tent spots for those who like to sleep in their tents. There will be no lodge fee for workers this weekend. Dogs are not allowed in the lodge or dorms so if you bring a dog, bring a tent. Dogs need to be friendly and on a leash while on club property. Owners need to scoop poop.

Meet: Gateway Park & Ride at 7:30 a.m. or Multnomah Falls at 8:00 a.m. for the backpack hike to Nesika.

Leaders: Hosts are Glen and Linda Conrad 360-837-3875 or lgrconrad@aol.com. Register by April 29th.

May 3 (Sun) Green Leaf Overlook Hike and Possible Swim - Class A

Hike along the Pacific Crest Trail in Washington to a Columbia River viewpoint. Hike 7.6 miles with 600 feet of elevation gain. Drive 80 miles round trip. If everyone in the car agrees we can stop at Bonneville Hot Springs Resort to swim and hot tub afterward at an additional cost of \$15 each. Bring swimsuit and towel for that. There is a bridge toll to share and drivers need a trailhead parking pass.

Meet: Gateway Park and Ride at 8:00 a.m.

Leader: Carolyn Jenkins 503-422-6456

May 6 Evening Hike - Class B 6PM to 8PM ish

We will hike approximately 6 miles in Forest Park and the West Hills with 500 foot elevation gain (not cumulative).

Meet: Wallace Park between NW 25th and 26th on Raleigh.

Leader: Gini Bateman 503-475-8712

ginibateman@aol.com

Meeting Places:

Gateway Park & Ride From I-205 take the Glisan Street exit, proceed east to 99th Ave, turn north, proceed a couple of blocks and park in the park and ride garage. Meet at the SE corner of the structure (near the stairs) on the sidewalk (directly inside if it is raining).

From I-84, take I-205 and follow the above exit and instruction.

Wallace Park is the usual meeting place for Forest Park and city hikes. Meet at Wallace Park on NW Raleigh between NW 25th and NW 26th. Parking is usually not a problem on Raleigh. Tri Met buses 15, 17 and 77 service is near.

Target is a common west side meeting place for hikes. Exit US 26 at NW 185th Ave and drive south to Evergreen Pkwy turn east (left) one block to NW Town Center Dr., Park in the southwest corner of Target's parking lot. Tri Met buses 47, 52 and 89 service is near.

Trails Ahead

Trails Club Kayaking for 2009

Hi kayakers! Warmer weather and warmer water is on the way. Soon it will be time to be out paddling. The kick-off meeting for the 2009 Trails Club kayak season will be held on Tuesday, April 21 at 7 PM. Everyone is invited: Trails Club members, non-members, seasoned kayakers, novices, and those who haven't tried sea kayaking yet. The meeting will be held at Portland Kayak, which is located at 6342 SW Macadam Ave., Portland, OR 97239 along the Willamette River. Bring a chair if you wish to sit. At the meeting we'll provide you with information regarding: our safety and leadership courses, our paddle trips, vendor demo days where you can try outkayaks, how to dress properly for the water temperature, our introductory paddle session on Vancouver Lake, how to get regular updates on upcoming kayak events, and more. A representative of Portland Kayak will provide an overview of what they have to offer and what's new in kayaks and gear. We will also present a slide show of previous Trails Club kayak trips. Contact Rich Fuhs, [503 690-5077, Rich.Fuhs@Verizon.Net] with questions. The kayak web page will be updated for 2009 as information becomes available.

Trails Club 2009 Bicycle Schedule

Apr 18 (Sat)	Burnt Bridge Creek Greenway – Nancy Overpeck
Apr 25 (Sat)	Vancouver Lake - Ann Marie Dudley
Apr 26 (Sun)	Monster Cookie Ride (Salem Bicycle Club)- Louis Sowa
May 02 (Sat)	Grand Island – Louis Sowa
May 04 (Mon Eve)	Blue Lake – Joyce Rasmussen
May 18 (Mon Eve)	Fanno Creek– Jane Storey
May 21 (Thu)	Kansas City-Verboort Loop – Gisela Piercy
Jun 01 (Mon Eve)	Kelly Point – Allen Burrell
Jun 11 (Thu)	Springwater Corridor – Audrey Perino
Jun 13 (Sat)	Strawberry Century/Lebanon (santiam spokes.org) – Gerda Eck
Jun 20 (Sat)	Tour de Blast/St. Helens (www.tourdeblast.com) - Gisela Piercy
Jun 22 (Mon Eve)	Sauvie Island – Gisela Piercy
Jun 25 (Thu)	Peninsula Park – Audrey Perino
Jun 27 (Sat)	Milwaukee – Lake Oswego Loop – Gerda Eck
Jul 09 (Thu)	University of Portland - Kelly Point - Audrey Perino
Jul 11-12 (Sat-Sun)	Seattle to Portland Ride (www.cascade.org) - Allen B urrell
Jul 13 (Mon Eve)	Tanasbourne Loop - Gisela Piercy
Jul 18 (Sat)	Willamette Valley – Louis Sowa
Jul 23 (Thu)	George Rogers Park Audrey Perino

TCO 2009 Lodge Work Weekend Schedule

(Watch Blazer as work weekends get closer for more details)

<u>Nesika</u>	<u>Tyee</u>
April 25-26	
May 16-17	
June 13-14	June 27-28
July 11-12	July 25-26
August 08-09	
September 12-13	September 26-27
October 10-11	October 24-25

Let's Talk About

Dog Mountain Hike (Mar. 7)

The weather was not pretty as we approached Cascade Locks in driving rain; never-the-less, five stalwart hikers urged me on to the trailhead where surprisingly the sun was breaking through the clouds. This encouraged us to get started, but icy, stiff winds drove us to use the climber's trail, a steeper ascent than originally planned. Near the upper trail intersection we received a report of 60 mph wind-gusts above Puppy Point and prudently chose to descend, taking the scenic trail back. We logged five miles, gained enough elevation to get the attention of our thigh muscles, and arrived at our cars just as precipitation was starting. A piping-hot bowl of spicy black bean chili at

the Big River Grill in Stevenson provided a grand final  to a hike that almost didn't go. Barbara Marquam, leader

Mar 7 -8 - Annual Nite-in-the-White 2009

Powder snow made the landscape around Tyee Lodge magical, 6 inches of snow on Saturday during the day, another 3 or 4 during the night, and then intermittent sunshine on Sunday. Allen Burrell had an incredible campfire. After dinner in the snow; the flurries, the tents, the camaraderie was a surreal experience. Ursula's 6-year old granddaughter Annika is now a veteran of 3-years for this event (yes, her first time she was just 3 years old and loved every minute of it) and is anxiously looking forward to do it again next year. Her aunt Elena flew in from Los Angeles, we heard them giggle inside the tent and enjoy the adventure until late in the evening. Of the 24 overnight guests, 9 participated in Sunday's snowshoe trip on the Crosstown trail. It was trailbreaking all the way, at times sinking to the knees. All took turns with breaking through the fresh snow, Allen and Mark McNabb were the champions though. A few members went x/c skiing, some guests left to go snowboarding, while others played around the lodge or sat in front of the fire in the living room. Gerda's meal on Saturday was simply Swiss German, Sausage&Sauerkraut, Green Beans, Spaetzle with cheese and rustic bread, plus - of course Gerda and Allen's favorite dessert - the Oregon Cookbook's famous Hood River Apple Cake with Caramel Sauce. Submitted by Gerda Eck

Tidbits from the Past

From Trail Blazer MARCH 1966: Trails Ahead ...

MARCH 5-6 TYEE BALLOON BUST -- Tyee is humming. The Balloon Bust ski races on Sunday are serious fun - a real challenge and interesting to watch too. Return to Tyee to help crown the winner and enjoy a luscious lunch at 1:00 p.m. (75c unless you took ski lessons). Ray and Leona Schiewe will host this weekend. Register with David or Alice Wagstaff, 774-5426 by Thursday, March 3 at 10:00 p.m..

From THE TRAIL BLAZER May 1966: Trails Trodden

BALLOON BUST -- This year the Balloon Bust turned out to be a real "show your skill" event for the 55 members and guests who were on hand March 6. A challenging course was laid out, the slope packed with the help of Everett Darr's "Hill Cat", events well organized, all under the able guidance of our Hill Captain, Bob Steinle, with the help of Jerry Reneau. Darrelyn Tarter took honors in the beginning group. There were two divisions in the intermediate classification; Linda Steinle kept up the family tradition as winner in the first division. Duane Smelser flashed down the slope to capture the prize in the other. Joe Hook showed fine form and speed to walk off with the award in the advanced class. There was a pint-sized demon on the slope - he made it through every gate with a fine show of determination - Mike Smelser by name. Watch for his name at the top in a few years. Racers and guests all returned to Tyee for a delicious lunch and presentation of awards.

Membership Notes

Do you know a prospective new member? Send their name and address to membership@trailsclub.org for them to receive a couple of Blazers for free. This is the best way to report guest information from hikes, lodge visits, and other trips.

1st Readings:

Carole L Brown
11654 SE 31st Ave
Milwaukie, OR 97222
503-654-4106
Carole1013@yahoo.com
Sponsors: Carolyn Jenkins
& Vicki Wood

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718-974-1718
jessica.zahnow@gmail.com
Sponsors: Vicki Wood & Joe Sanders

2nd Readings

John T Benson
C Carter Boggs
Jim D Hallberg
Carolyn L Mastin
Clara L Mastin
Angelica (Angel) Pilato
Michael (Mike) R Waymire
Mya L White

Changes:

Gini Bateman new email:
ginibateman@comcast.net
Kathy Fry: add cell 503-758-4134,
add email kathfry@gmail.com
Julie Stewart add email:
skjjulie@comcast.net

Resignations:

Fay Akerson
David Carlsmith
Helen Cheek
Richard Cheek
Wendy Egly

Susan Garren
Shirley Hoehne
Jennifer Kruse
Brenda Lewis
Monica Mader
Judith Moore
Lindsay Parks
Marc Parks
David Patterson
Michael Patterson
Betty Swan
A Ronald Ture
Yoshiko Ture

The following members are being terminated for non-payment of dues. This will be the last Trailblazer you will receive. If you believe you have paid your dues or wish to continue your membership, contact the membership chair Vicki Wood (2004 SE Waldron Rd, Milwaukie, OR 97222 or 503-659-1423 or email vw48@comcast.net) immediately.

Mark C Anderson
Ruth C Bentley
Dennis Corrigan
Phyllis Corrigan
John A Davis
William F Emerson
Rosalind M Fry
Therese M Gorman-Steward
Dana L Greyson
Donna Harris
Erica Hartmann
David L Jeremiah
Janet D Johnson
Sara Kirschenbaum
Rachel Landon
Marci D Lane
Julia I Lanning
Paul A Later
Helen F Nagle
Melody H Parker
Aimee B Pedretti
Ginger Remy
Gregory W Taylor
Daniel A Van Rossen
Brian D Wagstaff
Justin Wallace
Kermit Williams
Chris Wiseman

Summary of Board Minutes

(Complete report on Member's web page)

Trails Club of Oregon - Board of Trustees Meeting January 6, 2009

TRAILS CLUB OF OREGON BOARD OF TRUSTEES MEETING March 10, 2009

Call to Order – Barbara called the meeting to order at 7:00 pm @ the Mazamas Mountaineering Center.

Approval of Minutes – January 6, 2009 Minutes were approved with the revision under the Lodges and Properties section to read “Susan Saul was granted a key to Nesika,” (msc Vicki, Dave).

Approval of Minutes – February 10, 2009 Minutes were approved with the revision under the Administrative Assistant's Report section to read “The Board considered the publications workflow – Callista and Barbara agreed to assist with the final review of Blazer, (msc Callista, Aurey).

Treasurer's Report

Beginning Balance	1/31/09	\$5,515.91
February Deposits		6,424.31
February Checks		<u>6,156.37</u>
Ending Balance	2/28/09	\$5,783.85

Committees

Conservation- Leonard Murphy requests we join as a sustaining member Friends of Forest Park \$100 annual fee. Motion was approved (msc Audrey, Vicki).

Membership – There were ten membership applications for 1st Reading, eight new members elected after the 2nd Reading, eighteen resignations and twenty-eight terminations for non-payment of 2009 dues

Trips – Barbara reported regarding leaders training session March 28 & 29. It was decided that there should have been better communication relating to the event. The Board reviewed Carolyn Jenkins's letter encouraging new members to get involved with leading trips. Barbara will report back to Carolyn that the letter should be revised to include “other activities” in addition to hikes

Publications – Randy reported that the draft membership handbook and directory will be published in April. He also stated that the Trail Blazer is now on-line and club members can send link to interested parties.

Social – Callista reminded the Board that an Adventures & Travel social event is scheduled for March 19 – Alpine Wilderness and the first Hike & Dine is May 24.

Unfinished Business – Audrey reported that Virginia Larson, Joyce Rasmussen and Carla Haake agreed to serve on the Audit Committee. They were approved to the committee (msc Audrey, Vicki).

New Business – The officers will make a decision on the Henry Waespe Award Nominee next month. The Board discussed whether we should explore getting involved with the Portland to Coast Relay Walk.

Adjournment - The meeting was adjourned at 8:15 pm. Respectfully submitted,
Matthew Newman

PRESIDENT'S MESSAGE

Follow these tips for being a good trip participant always welcomed by Trails Club leaders and other participants:

Select a trip that is within your abilities. If you are on a hike that is too difficult for you, you may delay the group, prevent it from getting to the destination, or even endanger yourself and the group by keeping on the trail after dark.

Make room on your schedule. If you need to be back in town at a certain time, check with the leader ahead of time or at the meeting location to find out the expected return time. If the timing is too tight, don't go on the trip. Don't wait until you are at the trailhead to announce that you need to be home at 2 p.m.

Stay with the group. Unless the leader gives you permission, do not go ahead of the group, fall behind or leave the group. Speak up if you need a break.

Lead from the middle. Good hikers support the leader's decisions and alert the leader when they see a problem.

Be part of the group. Treats to share at a break or lunch stop are not required but are a nice gesture. They can be nuts, candy, carrots or some other small snack item.

Bring appropriate gear. You need to have enough water, food, and extra clothing so you could spend the night if necessary. Always carry extra gloves and a warm hat. Even on hot summer days, you should have a jacket in your pack. Your pack also should be adequate size to carry your gear. In winter and spring, you need extra insulation layers, waterproof boots, gaiter and poles for wet and slippery trails.

Carry the 10 essentials. You never know when an emergency might happen. If you are caught out after dark you will be thankful for that headlamp. A couple of bandaids will be totally inadequate if someone is bleeding profusely. That firestarter might mean the difference between simply surviving the night and being somewhat comfortable.

Be a considerate passenger. If you plan to ride in someone else's car, bring a garbage bag to store all your wet stuff at the end of the hike. Bring a change of shoes so you don't leave mud and snow all over the car. Bring a bag for your boots and snowshoes. Collapse your trekking poles so they will fit in the back without scratching the interior. If you leave someone with a big cleaning job you might not be welcome as a passenger in the future.

Bring small bills. Don't try to pay the trip fee or the driver's donation with a \$100 bill. Also, don't empty your piggy bank and try to pay in pennies. Neither will be appreciated. Have some \$1, \$5 and \$10 bills in your wallet for trip expenses, or buy something on the way home so you can get change. Bring extra cash in case the group decides to stop to eat on the way home.

Think ahead. What about a small duffel bag with a change of clothes waiting in the car at the end of a hike? An extra bottle of water or a snack to leave in the car? Some Gatorade powder in your pack in case of heat illness? Some No Doze to keep from falling asleep on the drive home? Check the weather forecast: do you need sunscreen, a rain hat, mosquito repellent, rain pants, etc.?

By Susan Saul

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www.trailsclub.org

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April 2009

Lodge Scheduling Guidelines:

The following guidelines are used for scheduling and reserving our beautiful lodges for club sponsored and general membership usage. These guidelines help assure that training has been provided for all members wishing to host an event at a lodge and that lodge availability is fair to club members.

1. Only Members in good standing can schedule and open our lodges.
2. To host a lodge event you need to have been checked out for opening and closing the lodge, request a lodge key and request current instructions from the Lodge and Properties chairperson.
3. If more than five non-members per member will be at a lodge, board approval is required to use a lodge.
4. Private groups using the lodge will allow other Trails Club members to also use the lodge when space is available.

Lodge Scheduling Procedures:

1. Check for available date(s) by contacting the Vice President or the website at <http://www.trailsclub.org> (events-lodges)
2. Events chairpersons (Winter Sports, Social, etc.) also need to clear the dates with the Vice President.
3. Contact the Vice President to schedule the lodge date. If board approval is required, the VP will make the request at the next board meeting and notify you when you are approved. The VP will notify the webmaster to put your event on the Lodges calendar

4. Once the lodge event date has been approved, it is your responsibility to submit a Blazer article to get your event on the monthly calendar.
5. A Lodge Host packet will be sent to you with all necessary forms. After hosting at a lodge the hosting forms must be completed returned, with the lodge fees, to the TCO PO Box1243, Portland, OR 97207.
6. When one or more persons uses one of the lodges without a host, then one person must collect the fees, fill out the forms and send both to the TCO PO Box.

Webmaster: Karen Yanhs Anderson
Vice President: Barbara Warren-Sams
Lodge & Properties Trustee: David Conrad

Newsletters

Send write-ups to: **blazer@trailsclub.org**
Submissions are due before fifteenth of the month of publication.
Please use the following format:
Month. # (Day) Event Class A
Description
MEET: Place, Time
LEADER: Name Phone and/or email.

Editor: Phillip Jackson
503-639-6250
10544 SW Windsor Ct
Tigard, OR 97223

Send pictures, new events or corrections and anything else for the Trails Club of Oregon's Web site to webmaster@trailsclub.org