



# Trail Blazer

Vol. 82 No 8 for information, call 503-233-2740 (Portland, OR) or access [www.trailsclub.org](http://www.trailsclub.org). August 2009

Upcoming Events			Date	Day	Event Description
			26	Wed	Portland Morning Hike - Class A to A+
1-6	Sat-Thu	Sawtooth Mtns, ID Backpack-Class C	26	Wed	Portland Evening Hike - Class B
1	Sat	Timberline East Side Tr Hike—Class A+	29-30	Sat-Sun	Tyee Work Weekend
2	Sun	Bicycle Covered Bridges—Class B	29	Sat	Mosier Tunnel Bike Ride - Class A/B
4	Tue	Board Meeting - MMC 7PM	29-07	Sat-Mon	Sierras PCT Backpack
4	Tue	Hike Butte Camp Trail - Class B	Sep 02	Wed	Portland Evening Hike - Class B
5	Wed	Portland Morning Hike - Class A to A+	03	Thu	Multnomah Falls, Class C or Latourelle Falls, Class A Bike Ride, 32/12 Miles
5	Wed	Portland Evening Hike - Class B	05-07	Sat-Mon	Labor Day Celebration @ Nesika
6	Thu	Hagg Lake Bike Ride - Class B	6	Sun	Frog Lake Butte Loop Hike - Class A/B
8	Sat	Nesika Lodge Membership Qualifying Hike - Class B	Scheduling is updated on web site <a href="http://www.trailsclub.org">www.trailsclub.org</a>		
8	Sat	Smell the Roses Bike Ride - Class A	Meeting places are detailed at the end of events section TRIP FEES: Members,\$1; Guests \$2; Carpool 10 cents/mile		
8-9	Sat-Sun	Nesika Work Weekend			
9	Sun	Vista Ridge Hike - Class B			
10-14	Mon - Fri	Nesika Open			
10	Mon	Grand Wash. Park Loop Hike-Class A			
12	Wed	Portland Morning Hike - Class A to A+			
12	Wed	Portland Evening Hike - Class B			
13	Thur	Mel Becker Nesika Lodge Hike-Class B			
14-16	Fri-Sun	Mt. Adams Wilderness Exploratory Backpack - Class A			
14-16	Fri-Sun	Kayak Waldo Lake and Camp at Shadow Bay—Class 1A-2B			
<b>15</b>	<b>Sat</b>	<b>Blazer Deadline</b>			
17	Mon	West Union Bike Ride - Class B			
19	Wed	Portland Morning Hike - Class A to A+			
19	Wed	Portland Evening Hike - Class B			
20	Thu	Willamette Prk to Zoo Bike Rd-Class A+			
20	Thu	Picnic at Willamette Park			
22	Sat	Independence/Buena Vista Bike Ride - Class B			
22	Sat	Elk Meadows Hike - Class B			
22-23	Sat-Sun	Tyee Hike & Dine			
23-26	Sun-Wed	NE Mount Adams Backpack - Class C			

## Announcements

### NOMINATING COMMITTEE APPOINTED

The board has appointed George Milne, Leonard Murphy, Merrill Hugo and Jane Garbisch to the Nominating Committee. We are looking for one more volunteer to serve on the committee. If you would like to volunteer for President, Treasurer, Lodge Trustee, Social Trustee or Membership Trustee, or if you would like to nominate someone, please contact Virginia Larson at (360) 263-3541 or [admin@trailsclub.org](mailto:admin@trailsclub.org).

### TCO JOINS ANTI-CASINO COALITION

On the recommendation of the Conservation Committee, the board voted to join a coalition of organizations opposing the proposal to construct an off-reservation casino in the Columbia River Gorge. Like the Grand Canyon, Yosemite and Yellowstone, the Columbia River Gorge is a federally protected iconic landscape. Development of a 600,000-square-foot casino resort and associated parking lots and retail structures in the heart of the Gorge and within one-half mile of a wilderness boundary would significantly harm the natural environment and resources.

**TRAIL BLAZER**

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**POSTMASTER: Send address changes to  
THE TRAILS CLUB OF OREGON  
P.O. Box 1243, Portland, Oregon 97207-1243.**

The purpose of the Trails Club is to foster and stimulate  
interest in hiking, climbing, skiing, camping and other similar  
outdoor activities and to promote activities of a social nature  
for the benefit of its members. The Club’s interests and  
concerns are conservation of natural beauty and resources of  
the country. All Club activities are affected by the voluntary  
participation of the members. Membership requirements  
include an approved outdoor activity, a scheduled lodge visit,  
recommendations by two members within a one year period,  
approval by the Board of Trustees, and payment of \$45 in dues  
for first household member, \$25 for each additional household  
member or those over 65 years of age and a \$15 entrance fee.

**Board Meetings** (2nd Tuesday of the month at 7:00 pm)  
at Mazama Mountaineering Center 527 SE 43rd Ave. Portland, OR

- President ..... Susan Saul
- Vice President ..... Barbara Warren-Sams
- Secretary ..... Matthew Newman
- Treasurer ..... Audrey Perino
- Trustee-Lodges ..... George Milne
- Trustee-Membership .... Vicki Wood
- Trustee-Publications .... Phillip Jackson
- Trustee-Social ..... Callista Snively
- Trustee- Trips ..... Jane Storey
- Legal Advisor ..... Art Stangell

**Administrative Assistant:**  
Virginia Larson  
360-263-3541 503-750-9316  
[admin@trailsclub.org](mailto:admin@trailsclub.org)

**Editor:**  
Phillip Jackson

Changes and other club correspondence should be mailed to:  
[Membership@trailsclub.org](mailto:Membership@trailsclub.org) or

Trails Club of Oregon  
P.O. Box 1243  
Portland, Oregon 97207-1243

**AUGUST BOARD MEETING DATE CHANGE**

The next board meeting date has been changed to Aug. 4.

**LODGE NEWS**

Dave Conrad has resigned from his board position as  
Lodge Trustee due to a promotion that places new de-  
mands on his time. The board congratulated Dave on his  
promotion to bank branch manager and thanked him for  
stepping forward to fill the vacancy when Bob Walker re-  
signed as Lodge Trustee in early 2008. The board ap-  
pointed George Milne to be Lodge Trustee for the remain-  
der of the year. We will elect a new Lodge Trustee at the  
Annual Meeting in November.

Tyee's roof suffered severe damage from last winter's  
snow load. The 5-year-old metal roof failed in the valleys  
and along the ridge cap as well as a few other places. The  
good news is that no water got through to the sheathing;  
the bad news is that repairs will be expensive. Tyee Lodge  
Chair Stephen Brown is working with the original contrac-  
tor and other roof design firms to figure out how to fix the  
problems. He also has met with our insurance adjuster to  
see if any of the repairs will be covered by our policy. We  
need to get the roof repaired or replaced before next  
winter.

We have been contacted by Joe Cook, Law Enforcement  
Officer for the Columbia River Gorge National Scenic  
Area, regarding the potential for marijuana growing activi-  
ties in Multnomah Basin. He requested that any TCO  
member observing suspicious activity along the Mult-  
nomah Basin Road or trails in the area to report it to him.  
You should be alert when driving behind the gates or hik-  
ing in the basin. You can reach Joe Cook at 541-308-1730  
or [josephcook@fs.fed.us](mailto:josephcook@fs.fed.us).

**CONSERVATION ISSUES**

Among the several projects either under construction or  
planned that the Trails Club Conservation Committee be-  
lieves need monitoring because of their impact on our en-  
vironment are:

The proposed Warm Springs Casino at Cascade Locks.  
This is of the utmost concern because the Secretary of  
the Dept. of the Interior will soon be making the decision  
to approve or deny the siting of this casino in the Colum-  
bia Gorge. It is estimated the casino would draw 8,200  
visitors per day or about three million per year. This mega-  
casino will cause increased air pollution, harm to fish, wild-  
life and water quality. Scenic impacts with profuse lighting  
and immense parking lots, urban expansion into the Na-  
tional Scenic Area and a dangerous precedent will be set

This casino if built would cause irreversible damage to our  
stunning landscape and natural resources now protected  
in the Scenic Area and we as individuals can inform the  
Secretary of the Interior of our concerns by writing or  
E-Mailing him. This procedure works!

Other concerns to be addressed in upcoming Blazers include the proposed LNG (Liquefied Natural Gas) pipeline that would begin at a docking facility near Astoria to the vicinity of Mist where there would be a huge storage depot and continue through western Oregon eventually to another storage area in central California for the sole purpose of Californians. Damage to the environment for the construction of roads and maintenance would be forever an eyesore and impossible to restore the gorge to its natural state. Another concern is the massive construction of wind power projects with inadequate guidelines to protect the birds. Leonard Murphy

### DISH TOWELS REMINDERS

If you bring dish towels home from a lodge for laundering, remember to return them to the lodge. It's an unpleasant surprise for a lodge host or cook to discover that the dish towel drawer is empty! If you have Tyee or Nesika dish towels, please check the Lodge Schedule for the name of the next host or cook and get the towels to them.

### VIEW FROM NESIKA

Saturday at the July Nesika work trip was bathed in warm golden sunshine. Tiger lilies and fox gloves were in full bloom. Much progress was made on the women's dorm remodel. Windows were washed, floors cleaned and general sprucing up was the order of the day. We could use some help clearing trails at the August work trip August 8-9 or enjoy an open lodge weekend August 22-23. See you at Nesika! Richard Gaunt

### NESIKA PARTY!!! – LABOR DAY WEEKEND SAT. SEP 5-MON. SEP 7

Relax, hike, and enjoy hosted meals.  
For more details see Events.  
Contact Callista Snively Kissta9@gmail.com

### KAYAK LEADERS' TRAINING MEETING SATURDAY, OCTOBER 3

**Location:** TBD. Somewhere with picnic facilities (for discussion, taking notes, and potluck). And a nearby body of water that is conducive to on-the-water training. This will be a combination of review / re-learn / hands-on training, and a potluck. Save this date and watch for more details in the Blazer and on the web kayak page. If you have a suggested location or questions contact Rich Fuhs (503) 690-5077 or Rich.Fuhs@Verizon.Net.

### BACKPACK SEMINAR SAT & SUN. NOVEMBER 7 & 8 NESIKA LODGE

This seminar is open to anyone interested in backpacking, and is **required training for those who would like to become backpack leaders**. Presentations & discussions will include: trip planning, leadership, making lightweight meals, gear discussions, and tips from experienced backpackers. We have invited a couple of guest speakers.

The session will include lunch, dinner, and lodging on Saturday, Nov 7, and breakfast and lunch on Sunday, Nov. 8. Normal fees for meals and lodging apply. Save these dates and watch for more details in the Blazer and on the web backpack page. Register with Linda Conrad 360-837-3875 or lcgrconrad@aol.com. Contact Rich Fuhs 503-690-5077; Rich.Fuhs@Verizon.Net if you have questions.

### ATTENTION MEMBERS!

If you are responsible for scheduling any kind of activity, please email or call Barbara Warren-Sams, Vice President, who keeps a master calendar to ensure that no scheduling conflicts occur: 503.281.6094, or allseeandbeseen@yahoo.com. Thank you.

## Events

### Aug 1-6 (Sat-Thu) Sawtooth Mountains, ID Backpack - Class C

Day hike followed by 5-day backpack through rugged and pretty mountains that live up to their name. Trip full; wait list only at this time.  
Contact leader for further information.  
Leader: Rich Fuhs; rich.fuhs@verizon.net; 503- 690-5077

### Aug 1 (Sat) Timberline East Side Trail Hike – Class A+

Hike from Mt. Hood Meadows to Newton Creek overlook with meadows, creeks, flowers and lunch viewpoint. Hike 6 miles with 700 feet elevation gain. Drive 130 miles RT. Depart: 8:00 a.m. from Clackamas Fred Meyer, north parking lot near Elmer's Pancake house. Call the leader if more complete driving directions are needed.  
Leader: Mel Taylor 503-639-9160 or cell 503-888-7203

### Aug 2 (Sun) Bicycle Covered Bridges - Class B

We will be visiting five covered bridges that are still in daily use. Bring a lunch; we will have lunch at the County wayside adjacent to one of the bridges, and next to a swimming hole. Your leader is fairly knowledgeable about covered bridges and about the Willamette Valley. The objective is to enjoy the covered bridges and the countryside as a group. Expect to spend all day, as this is a leisurely trip with lots of stops.  
Meet: I5 rest area south of Wilsonville, Time: 8:30 AM  
Leader: Lou Sowa 503-320-0440 LSowa@earthlink.net

### Aug 4 (Tue) Hike Butte Camp Trail - Class B

Hike across a 1,900-year-old lava flow and climb moderately through open forest to outstanding views of Mount St. Helens, sweeping views Mounts Adams, Hood and Jefferson in the distance and wildflowers at your feet. Be prepared for mosquitoes. Hike 7.8 miles with 1,700 feet elevation gain. Drive 120 miles. Northwest Forest Pass required for drivers.

Depart: 8:00 a.m. Salmon Creek Park & Ride  
(I-5 Exit 7; I-205 Exit 36) Vancouver, WA.  
Leader: Susan Saul 360-892-5643 or  
sunr1s3cr33k@gmail.com

**Aug 5 (Wed) Morning hike - Class A to A +**

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. If you would like to know the distance or difficulty of the hike call the leader.  
Depart: Wallace Park on NW Raleigh at 9:30 AM  
Leader: Wayne Schweinfest 503-253-3073

**Aug 5 (Wed) Portland Evening Hike - Class B**

We will hike about 2 hours and approximately 6 miles in Forest Park and the West Hills of Portland with 500 feet elevation gain (not cumulative).  
Depart: 6:00 p.m. from Wallace Park on NW Raleigh St.  
Leader: Elizabeth McLagan 503-231-6587 or  
mclagane@yahoo.com

**Aug 6 (Thu) Hagg Lake Bike Ride - Class B**

We will ride from Forest Grove past Fernhill Wetlands through Gaston and then loop around Hagg Lake. Lunch will be at a picnic site at the lake. This ride has some nice hills around the lake. Bring water and snacks and always carry a spare tube for your bike. We may stop at the Grand Lodge after the ride if participants desire.  
Depart: 10 am from Joseph Gale Park, 3130 18th Ave, Forest Grove, cross St. is Maple ST.  
Leader: Gisela Piercy, 503 648-5885 or  
giselapiercy@gmail.com

**Aug 8 (Sat) Nesika Lodge Membership Qualifying Hike - Class B**

Join a beautiful trek up from Multnomah Lodge to the historic and tranquil grounds of Nesika Lodge offering a babbling creek and lush woods along the way. Nesika will be open for your visit. Bring water and lunch. Hike 8 miles with 1800 feet elevation gain at a moderate-plus pace.  
Depart: 8:30 a.m. from Gateway Park & Ride or from Multnomah Lodge gift shop by 9:15 a.m.  
Leader: Jane Garbisch 503-314-2233

**Aug 8 (Sat) Smell the Roses Bike Ride - Class A**

We will ride on country roads for 23 miles. Champoege park & beyond. Call for meeting time & place. Not an all day ride.  
Leader: Lisa Brice 503-682-2952.

**Aug 9 (Sun) Vista Ridge Hike - Class B**

Hike a big loop to Eden Park, Cairn Basin, Wy'east Basin, Elk Cove and Dollar Lake. The drive is long but this is an all-day outing that you will remember forever: wildflowers galore, the perfect mountain meadows, views of Mt. Hood and other peaks, and a tiny mountain lake. All this without a huge amount of climbing. Bring food and water, also sandals and hiking poles for a possible wet stream crossing or two. Hike about 10 miles with around

2,500 feet of total gain (there are a few ups and downs but nothing serious). Drive 175 miles round trip. Northwest Forest Pass required for parking. Group must be held to 12 hikers since we go into the Mt. Hood Wilderness. Hike will be limited to the first 11 people at Gateway.  
Depart: 7:30 a.m. Gateway Park & Ride  
Leader: Hank Itkin 360-696-5902 or hitkin@earthlink.net

**Aug 8-9 (Sat-Sun) Nesika Work Trip**

August Nesika work trip August 8-9. Contact Arleta Miller, our cook, to let her know what meals you will be present for. (Arleta contact info: leadadann@hotmail.com or 360-607-2864.)  
Contact Richard Gaunt for work details:  
rgaunt@comcast.net 971-404-1153

**August 10 (Mon) Grand Washington Park Loop Hike - Class A**

We'll start with a walk around the western Arboretum before dropping down to the Rose Garden. We'll return around the eastern side of the park with a stop at the St. Helen's viewpoint. With stops and a moderate pace, this 4+ mile hike, with a 450 foot cumulative elevation gain, should take 2+ hours.  
Meet: Hoyt Arboretum Visitor's Center at 5:45 p.m. Depart: 6:00 p.m.  
Directions: exit Sunset Hwy at the Zoo, stay left through and past the Zoo lot to the top of the ridge, then right on Fairview to Hoyt Arboretum Visitor's Center dead ahead. Parking is free in the Center's lot or out front.  
Leader: John Benson 503-334-8026 or (preferred)  
jtben@fastmail.us

**August 10-14 (Mon-Fri) Nesika Open**

Enjoy an inexpensive summer getaway at Nesika. Relax by the fireplace, contemplate the view from Waespe Point or hike on nearby trails. The lodge will be open but you will be responsible for bringing and preparing your own food. Merrill Hugo will be the lodge host. Please call Merrill at 503.293-5102 to reserve a bunk and for gate-opening information. Normal lodge fees apply.

**Aug 12 (Wed) Morning hike - Class A to A +**

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe.  
If you would like to know the distance or difficulty of the hike call the leader.  
Depart: Wallace Park on NW Raleigh at 9:30 AM  
Leader: Richard Gaunt 971-404-1153

**Aug 12 (Wed) Portland Evening Hike - Class B**

We will hike approximately 6 miles in Forest Park and the West Hills with 500 foot elevation gain (not cumulative). Return about 8:00 p.m.  
Depart: 6:00 p.m. from Wallace Park on NW Raleigh St.  
Leader: Gini Bateman 503-475-8712 or  
ginibateman@comcast.net

**Aug 13 (Thu) Mel Becker Nesika Lodge Hike - Class B**

We are commemorating what would have been Mel Becker's one hundredth birthday. Mel was born August 13, 1909 and was a member of the Trails Club from 1921 to 1991. He was president of the club in 1938. The 8 mile round trip hike from Multnomah Falls to the lodge and Bickel's Point (Waespe's Wall) was one of Mel's favorites. His son Ken Becker will lead us the 1800 feet up that trail today. His daughter Fern will drive in from Larch Mt. Road for the quarter mile hike to the lodge. Call Fern Anderson at 503-774-4004 by Tuesday if you would like that option. Driving distance for this part not measured. Depart: 8:30 a.m. from Gateway Park & Ride. Drive 48 miles round trip.

Leader: Ken Becker 360-993-5372 or BeckerKen@juno.com

**Aug. 14-16 (Fri-Sun) Kayak Waldo Lake and Camp at Shadow Bay Class 1A - 2B**

Kayak anytime each day. Group decisions will determine kayak times. You are responsible for all your own kayak equipment, safety, transportation and campsite at Shadow Bay. You may kayak individually or in a group. Ability to wet exit and PFD's must be worn at all times. Waldo Lake is 180 miles from Portland. If you are interested in a group dinner on Friday night and Saturday night please volunteer to help organize it. Join us for a fun relaxing weekend! More details will be provided if you contact Steve and Lisa. Organizers: Steven Benson and Lisa Brice. 503-682-2952 sbensongomsu@msn.com

**Aug 14-16 (Fri-Sun) Mt Adams Wilderness Exploratory Backpack - Class A**

Explore Mt Adams and Bird Creek Meadows for beautiful wildflower display. We will start at Cold Spring Camp on Friday; day hike to Bird Creek Meadow then return to vehicles & camp overnight. Saturday backpack about 7 miles to Horseshoe Meadow and camp overnight. Sunday we'll return to vehicles & drive home.

Limited to 12 persons. Dog friendly trip. Contact your leaders for meeting place and time.

Leaders: Roger & Karen Yanhs Anderson, 360-450-9199 or kyanhs@yahoo.com

**Aug 17 (Mon Eve) West Union Bike Ride - Class B**

We will ride for 2 hours around the West Union - Helvetia country side. There will be some hills, but the vistas are great. The famous Helvetia Tavern could be an after the ride stop for their famous burger or other refreshments. Depart: 6 pm West Union Grade School, 23870 NW West Union Rd, Hillsboro, 97124. Take exit 61 off Hwy 26, go north on Helvetia Rd to West Union Rd. The school is at that intersection. Please register with leader.

Leader: Gisela Piercy, 503 648-5885 or giselapiercy@gmail.com

**Aug 19 (Wed) Morning hike - Class A to A +**

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest

Park, then lunch at a nearby cafe.

If you would like to know the distance or difficulty of the hike call the leader.

Depart: Wallace Park on NW Raleigh at 9:30 AM

Leader: Jane Storey 503-724-5467

**Aug 19 (Wed) Portland Evening Hike - Class B**

We will hike approximately 6 miles in Forest Park and the West Hills with 500 foot elevation gain (not cumulative). Return about 8:00 p.m.

Depart: 6:00 p.m. from Wallace Park on NW Raleigh St.

Leader: Lotte Schmitz 503-722-2290 or lotteschmitz@msn.com

**Aug 20 (Thu) Picnic at Willamette Park**

Join us for another great potluck picnic. Punch will be provided. Bring own place settings, a chair and dish to share. Meet at picnic tables south of the boat ramp. If arriving before 6:30 p.m., there is a parking fee of \$1.00 for seniors and \$3.00 for others. No charge after 6:30 p.m. Meet at 6:35 p.m. and eat at 6:45 p.m. Willamette Park location: SW Macadam Ave. and Nebraska St. Call Callista Snively for information 503 330-7344 or Kissta9@gmail.com

**August 20 (Thu) Willamette Park to Zoo and Back Bike Ride - Class A+**

We'll ride from Willamette Park to Goose Hollow, MAX up to the Zoo and ride back down to Willamette Park. Those who would like can stop at Spaghetti Factory for lunch at the end of the ride. Most of the ride is on city streets and there are some hills. Should be no more than 15 miles. Bring \$\$ and/or a ticket for the MAX ride. Call me if you have questions.

Meet: 10 am, in front of Fulton Pub at 0618 SW Nebraska St., near the entrance to Willamette Park. There should be plenty of parking on Nebraska St.

Leader: Audrey Perino 503-246-6462, 503-522-9911 (cell) or email audrey53@comcast.net

**August 22 (Sat) Independence/Buena Vista Bike Ride - Class B**

A summer ride through the farmland, fields and rolling hills of Polk County. The ride begins in Independence, west thru Monmouth, south on the old road to Helmick State Park and then east to the Buena Vista Ferry. Lunch will be by the river at the ferry. After lunch we return to Independence. Route mileage is app. 28/30. On Saturdays there is usually a farmers market in Independence. Bring lunch and lots of water. Ride begins at 10 am at the Independence Riverview Park. Drive south on I-5, take the Salem Parkway then West on Hwy 22 over the Willamette River to Hwy 51 W South to 200 S. Main in Independence. The Park will be on your left. Turn left into the park. Parking is down by the river.

MEET: 10:00 AM Independence Riverview Park

LEADER: Ralph Rogers 503-434-6283

**Aug 22 (Sat) Elk Meadows Hike - Class B**

We'll hike approximately 6.5 miles round trip with 1400 feet of elevation gain to Elk Meadows on the east side of Mount Hood. Lunch will be at the shelter or another scenic spot with views of Mount Hood and meadows. Crossing over Newton Creek could be over logs, rocks, or quick ford. This is William Sullivan's hike #80 in his "100 Hikes in Northwest Oregon". Since this is a hike into the Mount Hood Wilderness, total number of hikers must be kept at 12 or less. Please register with hike leader by phone or e-mail by 9:00 on Friday. Northwest Forest Pass required for drivers. Drive 126 miles round trip. Depart: 8:00 a.m. Gateway Park & Ride  
Leader: Bill Yandon, home phone 503-538-3643, cell phone 503-887-2932 or wkyandon@earthlink.net

**August 22-23 (Sat-Sun) Hike & Dine at Tyee Lodge**

Please come and join your Hike-n-Dine hosts Angelo and Katherine Carella as they prepare sumptuous meals for your enjoyment. Saturday night dinner will be Rosemary Lemon Chicken, mashed potatoes, green beans and a tossed salad followed by berry shortcake. Dinner will be served at 6 p.m. For those staying overnight breakfast will be served at 8:30 a.m. and will consist of fresh fruit, scrambled eggs and ham, toasted English muffins, and beverages. The lodge will close at 1:00 p.m. on Sunday. Dinner Saturday will be limited to 50 participants. Please let us know if anyone has dietary restrictions. Register by 8 a.m. Wednesday, August 19 with Angelo Carella at 503-384-0250 or with Katherine Carella at Windermere at 503-497-2126.

**Aug 23-26 (Sun-Wed) Northeast Mount Adams Backpack - Class C**

We will backpack in about 6 miles (2,000 ft. elev. gain) from the Muddy Meadows trailhead and set up base camp off trail. We will spend the next two days exploring the northeast side of Mount Adams, perhaps going as far as Avalanche Valley and back (about 8 miles round trip with 2,600 ft gain & 2,000 ft loss). Glacial river crossings and lots of rugged off-trail hiking on moraines and lava flows during lay-over days. We'll return to our cars the same way we came. Group size limited. Register with leader.  
Leader: Susan Saul 360-892-5643 or sunr1s3cr33k@gmail.com

**Aug 26 (Wed) Morning hike - Class A to A +**

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe.  
If you would like to know the distance or difficulty of the hike call the leader.  
Depart: Wallace Park on NW Raleigh at 9:30 AM  
Leader: Phil Crosby 503-636-1853

**Aug 26 (Wed) Portland Evening Hike - Class B**

We will hike approximately 6 miles in Forest Park and the West Hills with 500 foot elevation gain (not cumulative).

Return about 8:00 p.m.

Depart: 6:00 p.m. from Wallace Park on NW Raleigh St.  
Leader: Andy Tipton or Tipton6126@hotmail.com

**Aug 29-30 (Sat-Sun) Tyee Work Weekend**

Beat the heat of Portland and come stay at Tyee! If you use Tyee in the winter please consider volunteering for one work party. Projects include: floor refinishing, siding repairs, painting, stairway and deck replacement. Bring work clothes and gloves. For those interested, after dinner hike. Lodging and meals free to volunteers who pre-register! Work starts 10 am Saturday. Lodge will close Sun. at 3PM. Need a cook! Sign-up by Aug. 26th.  
Contact: Stephen Brown, 360-687-6169, ryanbrowns4@spiritone.com

**Aug 29 (Sat) Mosier Tunnel Bike Ride - Class A/B**

The "A" ride is geared for beginners and children, the trail is through woods and tunnels, completely paved, without motorized traffic. It is in fact the Historic Columbia River Highway maintained by Oregon State Parks. You'll see hikers and joggers, perhaps roller skaters and many families on this beautiful bike path, there are several viewpoints overlooking the majestic Columbia River. The little town of Mosier has a Porsche Museum and an IceCream Shop - now that's an incentive..! Roundtrip biking is about 10 miles. The "B" ride will continue on Hwy 30 to Tom McCall Overlook at Rowena. Traffic is minimal on this road, it is a steady and gentle uphill for most of the trip - which of course means a fun downhill on the return. The total on this bike ride is about 28 miles. Registration requested.

Meet: 9:30am Mark O Hatfield State Park (\$3 parking fee)  
Leader: Gerda Eck 503-654-1353, gerdaeck@comcast.net

**Aug 29-Sep 7 (Sat-Mon) Backpack in the Sierras PCT - Class C+**

Total mileage is 111.5 miles. We will start at Sonora Pass and head south to Red's Meadow. We will average 14 miles per day. High point is 11,000 feet. The hiking has many up and downs. Only the strong should register. We will have a food drop at Tuolumne Pass.  
To register call Linda Conrad at 360-837-3875 or lcgconrad@aol.com.

**Sept 2 (Wed) Portland Evening Hike - Class B**

We will hike about 2 hours and approximately 6 miles in Forest Park and the West Hills of Portland with 500 feet elevation gain (not cumulative).  
Depart: 6:00 p.m. from Wallace Park on NW Raleigh St.  
Leader: Donna Covi 503-286-7243 or dcibike2@aol.com

**Sept 3 (Thu) Multnomah Falls Bike Ride - Class C - 32 miles or Latourelle Falls - Class A - 12 miles**

A great late summer ride. The Multnomah Falls Ride starts at 10 am at the Lewis and Clark State Park. We ride slowly up through Corbett with a stop at the Vista House.

The rest of the way is down hill. A stop at Latourelle Falls to meet those on the short ride. Then on to Multnomah Falls for lunch and the return trip. Those meeting at Latourelle Falls should be at Guy Talbot State Park (Latourelle Falls) at 11:15am. Meeting place for the Multnomah Falls ride - I-84 East, exit 18, follow signs to Lewis and Clark State Park. Meet in the Parking lot. Those on the SHORT ride meet at Latourelle Falls at 11:15am. I-84 East, exit 28, west on old Scenic Hwy to parking area at Guy Talbot State Park (Latourelle Falls). Bring lunch and lots of water.

IF you are going to do the short ride CALL or Email the leader. Questions, information contact: LEADER; Ralph Rogers Phone: 503-434-6283, email: rogers8@verizon.net

**Sep 5-7 (Sat-Mon) Labor Day Celebration @ Nesika**

Mark your calendar! Save Labor Day weekend for a relaxing stay at Nesika Lodge in the scenic Columbia Gorge. Relax, hike, and enjoy hosted meals. Stay one or two nights. Bring musical instruments! Meet at gate Sat. by 9 a.m.

Host: Merrill Hugo  
 Cooks: Paul and Callista Snively  
 For reservations please email or call Callista by Wed.  
 Sep. 2 . Kissta9@gmail.com or phone cell (503) 330-7344

**Sep 6 (Sun) Frog Lake Butte Loop Hike - Class A/B**

This Mt Hood area hike begins at Frog Lake SnoPark. Follow the Pacific Crest Trail to Lower Twin Lake then up, up, up to Frog Lake Butte summit also known as Panorama Crest. Return to cars by a different trail. Drivers need a trailhead parking permit. Hike 6.8 miles with 1700 feet elevation gain. Drive 94 miles round trip.

Depart: 8:30 a.m. from Gresham Village Shopping Center on Burnside. Call leader if more complete meeting directions are needed.

Leader: Kelly Marlin 503-665-6778

**Meeting Places:**

**Gateway Park & Ride** From I-205 take the Glisan Street exit, proceed east to 99th Ave, turn north, proceed a couple of blocks and park in the park and ride garage. Meet at the SE corner of the structure (near the stairs) on the sidewalk (directly inside if it is raining).

From I-84, take I-205 and follow the above exit and instruction.

**Wallace Park** is the usual meeting place for Forest Park and city hikes. Meet at Wallace Park on NW Raleigh St between NW 25th Ave and NW 26th Ave. Parking is usually not a problem on Raleigh. Tri Met buses 15, 17 and 77 service is near.

**Target** is a common west side meeting place for hikes. Exit US 26 at NW 185<sup>th</sup> Ave and drive south to Evergreen Pkwy turn east (left) one block to NW Town Center Dr., Park in the southwest corner of Target's parking lot. Tri Met buses 47, 52 and 89 service is near.

**Trails Ahead**

**Hike-N-Dine Schedule**

Aug.22 Tyeo Angelo Carella  
 Sept 19 Tyeo Bernice Schuchardt  
 Oct 17 Tyeo Gerda Eck and Cathy Schiedler

**TCO Lodge Work Weekend Schedule**

**Nesika** **Tyeo**  
 August 08-09  
 September 12-13 September 26-27  
 October 10-11 October 24-25

**2009 Kayak Schedule**

Date (Day)	Where / What	Leader
Aug 14-16 (Fri-Sun)	Waldo Lake	Lisa Brice & Steve Benson
Sep 14-17 (Mon-Thu)	San Juan Islands	Susan Saul / Guide
Sep 26-27 (Sat-Sun)	Lake Billy Chinook	Rex Silvernail

**September 26-27 (Saturday/Sunday) Kayak Lake Billy Chinook - Level 2**

Lake Billy Chinook is located 130 miles south east of Portland and 20 miles north of Bend. In September the weather tends to be dry with warmer days and cool evenings. The lake forms the confluence for the Metolius, Deschutes, and Crooked Rivers. The scenery is spectacular and the fall colors will be starting to appear. There will be a longer kayak trip on Saturday and a shorter trip on Sunday. There are several possible trips that we will choose from. There is an opportunity for a potluck Saturday evening if people would like to bring a dish to share. Those details will be determined after the group is formed. Make your own camping reservation with Oregon State Parks. We will try to set aside a general area for OTC. For information about the trip and to hold a spot on the trip contact the organizer by September 22. Organizer: Rex Silvernail humshwha@pacifier.com 360-263-7225

**Let's Talk About**

**Thank you from June Smelser**

Thank you for all who made my 90th birthday party at Tyeo such a great event. And a gigantic thank you for Callista for planning the party.

June

**Tidbits from the Past**

**From November 1940, Trail Blazer**

**COUNTY FAIR SWELL SHINDIG, SEZ ELMER**

Say, young feller, wuz you at the County Fair up to Nesiky Lodge last Saddyand Sundy? If you wuzn't, you missed one of the best gol-derned shindigs them Trail Clubbers has ever throwed. We might-near bust our sides laffin' at the signs 'n pitchers, and eggzibits by the eggsperts, not ter mention the customs some of 'em was slicked up in. That there mayor, Ebenezer Lenzer, seed to it that sump in was poppin' all the time. He just handed over the keys of the place to Hiram Haystack (K. Martin) and Alfalfa Hereford (Mad Russian Thomson), and plenty of snuff was snoosed, and terbaccy chewed before they pin the right color ribbons on the proud-chested winners. The shuriff, a right SMART feller, wuz busy too, seeing that folks was

singin' and not breakin' jail and just havin' fun. Wish you hadn't missed: Herb Razor, handy-andy, cleaner-upper and johnny-on-the-spot. Christie, in a crazy quilt shirt- prettier'n a pitcher. Melvin Becker, champeen "milker" and bell-ringer. Burt Crary, (one of them Chenani-gens from Salem) whisseling thru his steam shovels 'n such. Claribel, recognizin' a Holstein heffer by sayin, "How do do?" Alf Ross, in boom-time overhauls. The punchwork boys, right handy with their darnin' needles. The prize porker (a guest) an his bust wuz jest full of blue ribbons. Some of the swellest chow ever ter come outa a grub wagon. Close harmony on a wettish Point. Hog Callin' by the specialists. George's orkesstra of sweet 'n sours. Larry comin' in from trampin' around, with his arms full of "flora and fauna." Danged if I know what them things be. Daisy May, with her patriotic braids. And all the rest of the games, 'n stunts 'n hikes 'n fun.

**Membership Notes**

Do you know a prospective new member? Send his/her name and address to membership@trailsclub.org for him/her to receive a couple of free Blazers. This is the best way to report guest information from hikes, lodge visits and other trips.

**1st Readings**

Kjersti U Johnson  
8304 N Swenson  
Portland, OR 97203  
503-703-4880  
Kjersti.johnson@providence.org  
Sponsors: Vicki Wood & Stephen Brown

Christopher B Monti  
31726 SW Riedweg Rd  
Cornelius, OR 97113  
503-640-4044  
cbm1000@hotmail.com  
ponsors: Jane Storey & Audrey Perino

Carol Morris  
8346 SW 65<sup>th</sup> St  
Portland, OR 97219  
503-244-4989

CAROLMINAZ@comcast.net  
Sponsors: Audrey Perino & Callista Snively

Laura L Niemeyer  
13200 SW Howard Dr  
Tigard, OR 97223  
503-314-2197  
lauraniemeyer@earthlink.net  
Sponsors: Vicki Wood & Callista Snively

Jeff Power  
2755 SE 98<sup>th</sup> Ave  
Portland, OR 97266  
503-572-6924  
Jeff\_power@yahoo.com  
Sponsors: Callista Snively & Wayne Schweinfest

Taylor Roghair  
8125 SW 11<sup>th</sup>  
Portland, OR 97219  
503-245-4837  
Sponsors: Audrey Perino & Virginia Larson

Margaret H Ryan  
4720 N Trenton St #321  
Portland, OR 97302  
503-289-7363  
Sponsors: Audrey Perino & Stephen Brown

Barbara L Schulties  
4905 NW Kahneeta Drive  
Portland, OR 97229  
503-690-6586  
bardav@verizon.net  
Sponsors: Jane Garbisch & Linda Conrad

John M Shaw  
8346 SW 65<sup>th</sup> Ave  
Portland, OR 97219  
503-244-4989  
johnmshaw@comcast.net  
Sponsors: Audrey Perino & Callista Snively

Ingrid C Wehrle  
14405 SE Evergreen Ct  
Portland, OR 97236  
503-762-5377  
ICWEHRLE@yahoo.com  
Sponsors: Jane Storey & Marta Smith

**2<sup>nd</sup> Readings**

Theresa R Morrissey  
Ruth Ann Reynolds  
Charlene K Shea  
Jim D Southwood

**Changes:**

**Bill Yandon** phone: 503-538-3643

**Jan Thingvold** address: 4705 NE 48<sup>th</sup> St, Vancouver, OR 98661

**Andrew Tipton** email/phone: tiptonal@gmail.com, 1-503-269-5460 (dial 1 even in the 503 area code unless calling from a cell phone)

**Summary of Board Minutes**

**TRAILS CLUB OF OREGON  
MINUTES OF BOARD OF TRUSTEES MEETING  
July 14, 2009**

**Call to Order**-Susan called the meeting to order at 7:00 pm.

**Approval of Minutes** – June 2009 minutes were approved with the revision correcting a typo and noting that Audrey was present at the meeting, (msc Barbara/Jane).

**Administrative Assistant’s Report** – It was reported that the Administrative Assistant’s Performance Review was conducted prior to the meeting with TCO Officers (Susan, Barbara, Matt & Audrey).

**Treasurer’s Report** – Audrey Perino reported that the June ending cash balance is unusually inflated due to receipt of the federal tax refund and fees for outings which have not been paid.

Beginning Balance 05-31-09	\$2,947.29
June Deposits	16,089.48
June Checks	-6,475.12
Ending Balance 06-30-09	\$12,561.65

Some checks submitted for outings have not been deposited in a timely manner because an outing leader held them. It was agreed that checks need to be submitted within 2 weeks of receipt.

The annual audit will be completed soon.

**Committees**

**Membership** – Vicki Wood reported 16 new membership applications for 1<sup>st</sup> Reading and four members were elected.

**Trips** – Jane Storey raised a concern regarding the activi-

ties approval process. The following statement will be placed in the Blazer: “All activities must be approved by the appropriate Activity Chair.” She also reported that a First Aid training course will be held on Oct 10.

**Publications** – Phil Jackson reported that the Blazer has been published at 10 pages recently and efforts are being made to reduce the size to 8 pages.

**Lodges and Properties** – Dave Conrad submitted his resignation as Lodges Trustee. George Milne offered to serve the remainder of his term. The Board approved the appointment (msc Jane/Audrey).

Susan provided a status report regarding the need to repair Tyee roof prior to November.

**Conservation** – Leonard Murphy presented a draft letter to Secretary Salazar opposing a casino in the Columbia River Gorge near Cascade Locks. The Board agreed to join in as co-signors with one Trustee in opposition (Matt – msc Jane/Audrey). Susan will be our delegate to FWOC Convention.

**Unfinished Business** – Four Nominating Committee appointments were approved: George Milne, Leonard Murphy, Merrill Hugo and Jane Garbisch, (msc Barbara/Vicki).

**New Business** - Safety Policies for Trips and Lodge Work Parties discussion as well as proposed By-Laws amendments for Annual Meeting are deferred until the August 4<sup>th</sup> Board meeting.

**Adjournment** – Meeting was adjourned at 9:00 pm.  
**Respectfully submitted, Matthew Newman.**

**PRESIDENT'S MESSAGE**

Safety should be our top priority at every lodge work party. TCO has an excellent safety record but that could cause us to get lax about following accepted safe work practices.

The Nesika and Tyee Lodge Chairs are responsible for the safety of the volunteers. In return, volunteers are responsible for following the safe work practices determined by the Lodge Chairs.

Every work day should begin with a safety discussion. Our goal is to provide a safe and injury-free work environment while having fun and getting work done.

Volunteers should arrive on time for the start of the work party so they can participate in the safety discussion. No matter how many times you have used a tool or performed a job, it does not hurt to review the proper way to carry, use and store a tool or do a job. The discussion and demonstration may help a less experienced volunteer use a tool safely or perform a job correctly.

If personal protective equipment is required to use a tool, the volunteer must wear it or not use the tool.

The Lodge Chairs are responsible for ensuring that TCO-provided tools are in good condition and safe to use. If you notice a tool not in good condition, bring it to the attention of the Lodge Chair.

In the event of an accident causing injury, the Lodge Chair is the First Aid Leader. He is responsible for competent, expedient and appropriate action. If someone on site is more medically qualified, he can place that person in charge of aid to the victim.

The Lodge Chair is the chief crew leader, responsible for determining the work to be done, keeping his volunteers busy, watching for safety problems, and encouraging good work. Besides working under the Lodge Chair’s leadership, volunteers are responsible for alerting the Lodge Chair to safety problems and providing feedback about the work.

Let’s continue to keep safety foremost as we have fun and keep our lodges maintained.

By Susan Saul

TRAILS CLUB OF OREGON  
P.O. BOX 1243  
Portland, OR 97207-1243  
Information Phone 503-233-2740  
www.trailsclub.org

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## August 2009

### Gentle Reminders

**Class A** –Shorter, less strenuous activity,  
**Class B** –Longer miles, more elevation gain,  
**Class C** –Long and difficult – strong experienced participants only. Harsh or unusual conditions may greatly increase the exertion and skill required.

Please be prepared for level of the hike you are planning to take with the Trails Club.

Good walking shoes or boots are required on the trail.  
Boots are recommended for B/C hikes.  
Bring plenty of water and a sack lunch. Please, no alcohol.  
Pets allowed on designated trips only.

Everybody should stay with the group and follow the hike leader. The hike leader is responsible for the group's safety. The hike leader is responsible for determining trails to be taken. Last, but not least, the leader has authority to determine if a hiker is prepared for the hike. Group safety must come first.

If you have reserved for an activity at a lodge that involves food expense and are unable to participate you are obligated to do one of the following: cancel before the food is purchased, find someone to take your place, or pay for your share of the food.

All activities must be approved by the appropriate Activity Chair.

### Newsletters

Send write-ups to: [blazer@trailsclub.org](mailto:blazer@trailsclub.org)  
Submissions are due before fifteenth of the month of publication.  
Please use the following format:

**Month Day (Day of week) Event Title - Class A,B,C**

**Description Text** - Please include distance, elevation change, and round trip driving distance.  
*Do not capitalize full words, lines or sentences for emphasis*  
Day trip descriptions should be under 200 words.

**Depart:** Meeting place, with address if possible, and departure time

**Leader:** Name Phone and/or email.

Editor: Phillip Jackson  
503-639-6250  
10544 SW Windsor Ct  
Tigard, OR 97223

Send pictures, new events, corrections and anything else for the Trails Club of Oregon Web site to [webmaster@trailsclub.org](mailto:webmaster@trailsclub.org).