



# Trail Blazer

Vol. 82 No 11 for information, call 503-233-2740 (Portland, OR) or access [www.trailsclub.org](http://www.trailsclub.org). November 2009

## Upcoming Events

Date	Day	Event Description
1	Sun	Beacon Rock State Park Hike - Class
3	Tue	<b>Board Meeting - 7PM, Mazama MC</b>
4	Wed	Wednesday Morning Hike - Class A/A+
7-8	Sat-Sun	Backpack Seminar at Nesika
8	Sun	Fanno Creek Morning Hike - Class A
9	Mon	TCO Annual meeting
11	Wed	Wednesday Morning Hike - Class A/A+
14	Sat	First Aid/CPR Class - Rose Villa
14	Sat	Oaks Bottom Wildlife Refuge Kids Hike - Class A
15	Sun	Dry Creek Falls Hike - Class A
15	Sun	<b>Blazer Deadline</b>
18	Wed	Wednesday Morning Hike- Class A/A+
19	Thur	Adventures & Travel - South Africa
21	Sat	Hamburger Hike - Class A
25	Wed	Wednesday Morning Hike - Class A/A+
26-27	Thu-Fri	Thanksgiving at Tye
28	Sat	Bird Viewing Hike at Vancouver Lake - Class B
29	Sun	Snowshoe Mt Hood - Class A

Scheduling is updated on web site [www.trailsclub.org](http://www.trailsclub.org)

Meeting places are detailed at the end of events section.  
TRIP FEES: Members,\$1; Guests \$2; Carpool 10 cents/mile

## Announcements

**TRAILS CLUB OF OREGON  
ANNUAL MEETING  
MONDAY, NOVEMBER 9<sup>TH</sup>, 2009  
7:30 pm**

**Rose Villa Fellowship Hall  
13505 SE RIVER ROAD, MILWAUKIE, OR**

Delicious desserts compliments of the Social Committee served from 7:00-7:30pm. Learn what our club has accomplished this year and vote for our new board members!

### TCO BOARD NOMINEES FOR 2010

The candidates to be elected at the Annual Meeting on November 9 are:

**Officers:** President - Randy Dietrich  
Treasurer - Audrey Perino  
**Trustees:** Lodges - George Milne  
Membership - Vicki Wood  
Social - Callista Snively

### NOVEMBER BOARD MEETING

The Trails Club Board has changed the meeting date to Tuesday, November 3. As usual, the meeting will be held at the Mazama Mountaineering Center at 7 p.m.

### FIRST AID/CPR CLASS REMINDER

There is still time to register and space available in the First Aid/CPR class offered by Trails Club on Sat., Nov. 14. The class will be given free of charge to those willing to take the time to become certified. Contact Jane Storey at 503-724-5467 or [andrewstorey@comcast.net](mailto:andrewstorey@comcast.net).

### BOARD SETS MINIMUM MEAL CHARGES

At its October meeting, the TCO Board approved a fee schedule for meals at Tye and Nesika lodge events as follows: \$4 breakfast; \$5 lunch; and \$7 dinner. These charges are effective December 01, 2009. If meal costs exceed the minimum fee, lodge cooks are responsible for letting attendees know that the charge will be higher, either in the Blazer or at the time the reservation is made.

**TRAIL BLAZER**

Published monthly by the  
Trails Club of Oregon  
P.O. Box 1243  
Portland, OR 97207-1243  
Information Phone 503-233-2740

Organized 1915 Incorporated 1923

Member of the Federation of Western Outdoors Clubs

Subscription is included with membership. Non-member sub-  
scription by request to PO Box is \$25.per year.

**POSTMASTER: Send address changes to  
THE TRAILS CLUB OF OREGON  
P.O. Box 1243, Portland, Oregon 97207-1243.**

The purpose of the Trails Club is to foster and stimulate  
interest in hiking, climbing, skiing, camping and other similar  
outdoor activities and to promote activities of a social nature  
for the benefit of its members. The Club’s interests and  
concerns are conservation of natural beauty and resources of  
the country. All Club activities are affected by the voluntary  
participation of the members. Membership requirements  
include an approved outdoor activity, a scheduled lodge visit,  
recommendations by two members within a one year period,  
approval by the Board of Trustees, and payment of \$45 in dues  
for first household member, \$25 for each additional household  
member or those over 65 years of age and a \$15 entrance fee.

**Board Meetings** (2nd Tuesday of the month at 7:00 pm)  
at Mazama Mountaineering Center 527 SE 43rd Ave. Portland, OR

- President ..... Susan Saul
- Vice President ..... Barbara Warren-Sams
- Secretary ..... Matthew Newman
- Treasurer ..... Audrey Perino
- Trustee-Lodges ..... George Milne
- Trustee-Membership .... Vicki Wood
- Trustee-Publications .... Phillip Jackson
- Trustee-Social ..... Callista Snively
- Trustee- Trips ..... Jane Storey
- Legal Advisor ..... Art Stangell

**Administrative Assistant:**  
Virginia Larson  
360-263-3541 503-750-9316  
[admin@trailsclub.org](mailto:admin@trailsclub.org)

**Editor:**  
Phillip Jackson

Changes and other club correspondence should be mailed to:

[Membership@trailsclub.org](mailto:Membership@trailsclub.org) or

Trails Club of Oregon  
P.O. Box 1243  
Portland, Oregon 97207-1243

**HOSTING TYEE**

Tyee will have a new roof and volunteer work parties are  
readying the lodge for our use. This lodge provides a won-  
derful base to enjoy winter activities on the mountain. The  
entire calendar, Dec. thru April, is empty and I am ready to  
schedule hosts. Please check your calendars and those of  
you trained to open and close the lodge, give me a call.  
We like to have it open during the Christmas Holiday and  
all Dec. dates need to be selected by early Nov. to be  
printed in the Dec. Trail Blazer. The entire schedule will be  
available on our website and you can check it at any time.  
Thank You, Joan Ragan 503-668-6622 or  
[joanragan@hotmail.com](mailto:joanragan@hotmail.com)

**Events**

**Nov 1 (Sun) Beacon Rock Park Hike - Class A+**

First park beside SR 14 in Washington and hike the steps  
up Beacon Rock for a wonderful Columbia River view.  
Back to the cars for a very short trip to our lunch spot.  
Then walk through the forest to enjoy the cool pool at the  
base of Rodney Falls. Relaxed pace. Hike 4 miles with  
1200 feet elevation gain. Drive 88 miles round trip. Drivers  
may need a trailhead parking permit.  
Depart: 9:00 a.m. from Gateway Park & Ride. Remember  
to set your clock back. Daylight savings time ends.  
Leader: Carolyn Jenkins 503-422-6456

**Nov 4 (Wed) Morning hike - Class A to A +**

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest  
Park, then lunch at a nearby cafe. If you would like to know  
the distance or difficulty of the hike call the leader.  
Depart: Wallace Park on NW Raleigh at 9:30 AM  
Leader: Richard Gaunt 971-404-1153

**Nov 7-8 (Sat-Sun) Backpack Seminar at Nesika**

This seminar is open to anyone interested in backpacking,  
and is **required training for those who would like to  
become backpack leaders**. See web site for complete  
details. Register with Linda Conrad (360) 837-3875 or  
[lcgrconrad@aol.com](mailto:lcgrconrad@aol.com). Contact Rich Fuhs (503) 690-5077;  
or [Rich.Fuhs@Verizon.Net](mailto:Rich.Fuhs@Verizon.Net) if you have questions.

**Nov 8 (Sun) Fanno Creek Morning Hike - Class A**

This is a gentle paced stroll on Fanno Creek Trail going  
4.1 miles on a level paved surface with minimum elevation  
and beautiful scenery. Bring water and rain gear if rainy.  
Depart: 10:00 a.m. from Garden Home Park and Recrea-  
tion Center at 7475 SW Oleson Road, Portland 97223  
(Corner of Oleson Road and Garden Home Road across  
from Lambs Thriftway). Meet by front door of rec. center.  
Leader: Katherine Carella 503-860-8653 or  
[Carella@Windermere.com](mailto:Carella@Windermere.com)

**Nov 9 (Mon) TCO Annual Meeting**

7:30 PM Rose Villa See Announcement on page one!

**Nov 11 (Wed) Morning hike - Class A to A +**

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. If you would like to know the distance or difficulty of the hike call the leader. Depart: Wallace Park on NW Raleigh at 9:30 AM  
Leader: Phillip Jackson 503-639-6250

**Nov 14 (Sat) First Aid Class**

A First Aid/CPR course will be offered on Nov. 14 at in the social room at Rose Villa. It will begin at 8:30 and last 6.5 to 7 hours. Participants must bring their own lunches. The class size is limited to 30. Trails Club will pay the cost of the class.

To register please contact Jane Storey 503-724-5467 or [andrewstorey@comcast.net](mailto:andrewstorey@comcast.net).

**Nov 14 (Sat) Oaks Bottom Wildlife Refuge Kids Hike - Class A**

Children ages 4 to 12 may come by inviting a parent, grandparent or adult friend to accompany them on this "expedition" to visit Portland's local refuge and maybe see a few birds. Bring a lunch to eat along the way. Hike about 4 miles, no elevation gain.

Depart: 10:30 a.m. from the Sellwood Riverfront Park, SE Spokane St & Oaks Parkway

Leader: June Smelser 503-668-4060 or [junesmelsers@yahoo.com](mailto:junesmelsers@yahoo.com)

**Nov 15 (Sun) Dry Creek Falls Hike - Class A**

We'll go to Cascade Locks and hike 5.5 miles with 750 elevation gain, partly along the PCT, on a loop hike to see the falls. Warm up afterwards with lunch at a restaurant over looking the Columbia River. Back in town by 3 p.m. Drive 78 miles round trip. Drivers need a trailhead parking permit.

Depart: 9:09 a.m. from Gateway Park & Ride, SE corner.

Leader: Brian Carlson 503-252-3608 or [Owatta@webtv.net](mailto:Owatta@webtv.net).

**Nov 18 (Wed) Morning hike - Class A to A +**

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. If you would like to know the distance or difficulty of the hike call the leader.

Depart: Wallace Park on NW Raleigh at 9:30 AM

Leader: Audrey Perino 503-246-6462

**Nov 19 (Thu) Adventures and Travel: South Africa**

"Zebras and Warthogs Outside My Door"

Katherine Carella shows pictures of her trip to South Africa. Come on photo safari and visit spectacular scenery and wildlife in Kwa Zulu Natal from a tent cabin, game lodge, and safari vehicle. Then we'll fly to Capetown and visit Table Mountain, the wine country, and the diverse City of Capetown.

Tour Guide: Katherine Carella

Meet: 7 p.m. Rose Villa Fellowship Hall

13505 SE River Road, Milwaukie

Contact: Callista Snively 503-330-7344 or

[Kissta9@gmail.com](mailto:Kissta9@gmail.com)

**Nov 21 (Sat) Hamburger Hike - Class A**

This fun, little hike will follow the Gorge 400 Trail from Eagle Creek into Cascade Locks for lunch (bring your own or purchase something) at the CharBurger. Return to cars by the same trail. Prepare for any weather. Hike 5.2 miles with 450 feet (cumulative) elevation gain. Drive 60 miles round trip. Trailhead parking permit needed.

Depart: 10:00 a.m. from Lewis & Clark State Park (I-84, exit 18)

Leader: Kelly Marlin 503-665-6778

**Nov 25 (Wed) Morning hike - Class A to A +**

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. If you would like to know the distance or difficulty of the hike call the leader.

Depart: Wallace Park on NW Raleigh at 9:30 AM

Leader: Mike Harrison 503-239-3497

**Nov 26-27 (Thu-Fri) Thanksgiving at Tye**

Have Thanksgiving dinner at Tye Lodge at 2:00 p.m. Bring your favorite Thanksgiving dish -- salad, relishes, vegetables, or desserts. Must call by Monday, Nov. 23 so the cooks know how many to expect and size of turkey to roast. Cost of turkey and dressing is shared. Consider sleeping over. Breakfast will include unlimited pumpkin pie. Lunch will be turkey sandwiches and turkey soup. Come one, come all! Bring your sleeping bags and holiday spirit. See you around the fireplace.

Contact: Lila Grossman 503 227-0684

**Nov 28 (Sat) Bird Viewing Hike at Vancouver Lake - Class B**

A gentle and easy walk along a paved trail from Vancouver Lake to Frenchman's Bar. Migratory birds should be congregated around the wetlands and the surrounding parks. Most of the time you will be able to find flocks of Canada Geese, Sandhill Cranes, Blue Herons and occasionally Bald Eagles. Dress for the weather. Bring lunch, adequate water and binoculars. Hike 10 miles with 0 elevation gain. **Dogs welcome but need to be on leash at all times.**

Depart: Take I-5 north into Washington to Fourth Plain exit. Head west on Fourth Plain for approximately 4 miles and pass by Fruit Valley Rd. You will come to an intersection with a sign that says Vancouver Lake, Frenchman's Bar. Head toward Vancouver Lake for another 2/10 mile. Pass by a brown chain link fenced building (Vancouver Rowing Club). Parking lot immediately west of the building. Park to your right. 9:00 a.m.

Leader: Karen Anderson 360-450-9199 (leave message w/ Roger), or [p74852@gmail.com](mailto:p74852@gmail.com)

**Nov 29 (Sun) Snowshoe Mt Hood - Class A**

We'll do an easy first of the season snowshoe up near Government Camp on Mt. Hood. ( Call me to make sure there is enough snow)

We'll explore an area through the woods to a creek, going about three miles with a couple hundred feet elevation gain at most.

Meet Gateway Transit center 9:00 AM leave 9:09 AM. Bring snowshoes and dry clothing, a small pad to sit on comes in handy too. Back in town by three pm. I have a dark green Jeep Cherokee. Leader Brian Carlson 503 252 3608/Owatta@webtv.net

### Meeting Places:

**Gateway Park & Ride** From I-205 take the Glisan Street exit, proceed east to 99th Ave, turn north, proceed a couple of blocks and park in the park and ride garage. Meet at the SE corner of the structure (near the stairs) on the sidewalk (directly inside if it is raining). From I-84, take I-205 and follow the above exit and instruction.

**Wallace Park** is the usual meeting place for Forest Park and city hikes. Meet at Wallace Park on NW Raleigh St between NW 25th Ave and NW 26th Ave. Parking is usually not a problem on Raleigh. Tri Met buses 15, 17 and 77 service is near.

**Target** is a common west side meeting place for hikes. Exit US 26 at NW 185<sup>th</sup> Ave and drive south to Evergreen Pkwy turn east (left) one block to NW Town Center Dr., Park in the southwest corner of Target's parking lot. Tri-Met buses 47, 52 and 89 service is near.

## Let's Talk About

### A BIG THANK YOU TO OUR CLUB PRESIDENT

Any successful organization that relies on volunteers always needs people willing to give of their time and talents. We have been most fortunate to have Susan Saul as our president, as she has brought leadership skills, dedication and insight to our club.

The Conservation Committee has been most pleased that Susan is conservation minded and she has been active in this work since about 1977. She was a prime grassroots organizer for the legislative bill that created Mt. St. Helens National Monument and she continues to be a force in protecting that area so it can remain in its natural state. We thank you Susan for your continued support in conservation issues.

Submitted by Conservation Chairperson

## Trails Traveled

### REDWOODS BEACH TRIP September 21-26, 2009

Seventeen Trails Club members and guests enjoyed the sights of the southern Oregon and northern California coast September 21-26. We hiked the trails within Jedediah Smith Redwoods State and National Park in California, the Alfred Loeb State Park in Brookings, the Samuel Boardman State Park, and the US Forest Service's Redwood and Myrtle Wood Nature Trails.

Another special event was the 3 hour boat ride up the

Klamath River from Crescent City, California. The boat operator entertained us with his knowledge of the wildlife along the river showing us many osprey and their nests, Golden Eagles, beaver sites and more. We encountered numerous fishing boats enroute, and it seemed the anglers were eager to display their salmon catches and pose for pictures as we passed by.

There is something very endearing about walking around and under the massive redwoods and strolling the Southern Oregon beaches under bright late summer skies. Submitted by Leonard Murphy and Walt Garvin

### NISQUALLY DELTA PADDLE OCTOBER 10, 2009

We didn't see Mt. Rainier as promised, but the Olympic Mountains formed the hazy horizon to the west. Six paddlers picked their way amongst the harbor seals and waterfowl through shallow channels of the wetland formed at high tide. The Sound was glassy and calm as we paddled over to and up the Nisqually River to Red Salmon Creek, then up north to Dupont Wharf for lunch. Then we headed back across open water to McAllister Creek and finished by investigating it up to the I-5 bridge and returning to the Luhr Beach ramp. The day paddle was 10 miles.

Bill Savery, Leader

## Tidbits from the Past

### From the November 1975 Trail Blazer REPORT OF THE HISTORIAN

As a first item of business, 63 copies of the Blazer were given to the Oregon Historical Society to fill the gaps in its collection. It now has a complete record dating from 1929, the larger part of which is on microfilm submitted to the Blazer — one in July and one in September. These reflected interesting observations on Trail Club activities of yesteryear. Request was made through the Blazer for pictures, clippings, programs, etc., but to date there has been little response. Mary Mason, Historian

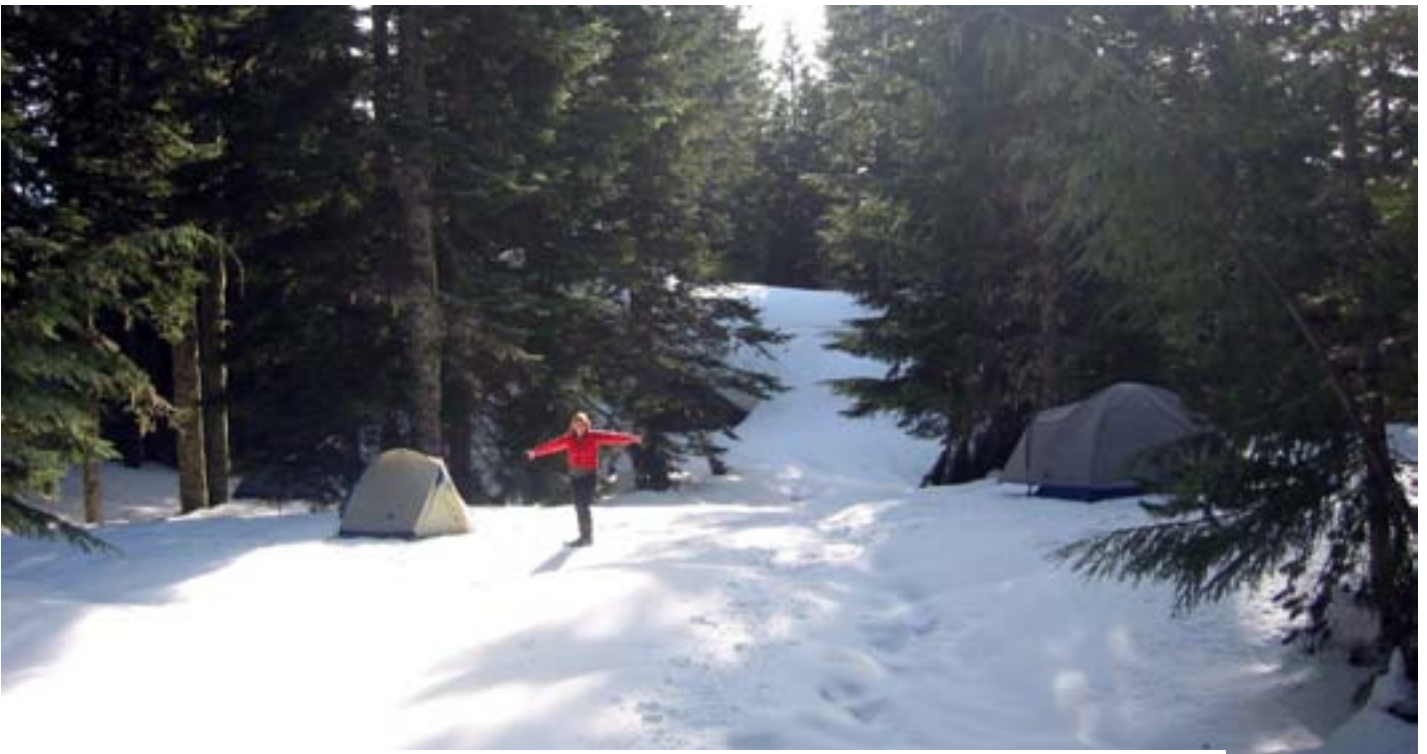
## Trails Ahead

### Winter weekend at Mt. Adams Flying L Ranch: February 19-21, 2010

\$138 per person includes two nights lodging. We can make breakfasts and lunch in the Lodge kitchen. We will have a potluck dinner Saturday night, and x/c skiing and snowshoeing during the day. To reserve your spot send a check (made out to Flying L. Ranch) plus roommate preferences, if any, to: Elizabeth McLagan 1237 SE 34th Ave., Portland OR 97214. Deadline: December 31, 2009. For more information contact Elizabeth at mclaganej@yahoo.com or 503-231-6587



Entire Week 2 Wallows Alpine Outing group on Eagle Cap summit.  
Photo by Chrishelle Wingerd  
Bill Kingsbury



Gerda Eck enjoying Snow Camping near Tyee  
Photo by Allen Burrell;

**PRESIDENT'S MESSAGE**

With your dues renewal notice in the December *Blazer* also comes that annual opportunity to consider how you can support the Trails Club next year. How will you give back to the club? How will you pay forward all the enjoyment and fellowship you have enjoyed on club activities and at the lodges?

The board has compiled a list of volunteer roles that need to be filled. Every one of these activities needs one or more volunteers to make the club function

and provide the services you expect.

Each of you has some way you can make a contribution. Giving pays tremendous benefits. Those who volunteer reap much more than those who stand on the sidelines and watch. Those who involve themselves with our club become part of a community and are enriched by the experience. More than asking you to give back, I am inviting you to take the opportunity to grow and be enriched.  
By Susan Saul

**Summary of Board Minutes**

**TRAILS CLUB OF OREGON  
BOARD OF TRUSTEES MEETING  
October 13, 2009**

**Call to Order** – Barbara called the meeting to order at 7:08 pm. September 2009 Minutes were approved with the correction that Diane S Golden & Nancy L Sproul were confirmed 2<sup>nd</sup> Reading memberships, and regarding limiting the length of descriptions in the *Blazer*, the reference is regarding “day trip descriptions” (msc Audrey/Callista).

**Administrative Assistant’s Report** – Virginia Larson reported that she updated the Host/Cook Instructions which were reviewed by the Cooks committee at the Fall Festival and Cooks Appreciation; and she received several lodge keys back from former TCO members. She also reported that she had arranged for cooks during the Tyee Roofing project. She spoke with the cooks committee about cleaning/inventorying kitchen during the monthly work party. There was also discussion regarding developing a procedure for an annual inventory for each of the lodges.

**Treasurer’s Report** – Audrey Perino reported that \$53,100 was transferred from the investment accounts to pay for the Tyee roof. Several Trustees turned in their proposed budgets for 2010.

Beginning Balance	08-31-09	\$7,087.34
September Deposits		1,794.36
September Checks		<u>-40,803.20</u>
Ending Balance	09-30-09	\$-31,921.50

**Committees**

**Membership** – Vicki Wood reported that there are 7 new membership applications for 1<sup>st</sup> Reading. Seven memberships were confirmed for 2<sup>nd</sup> Reading. Vicki also provided a proposed updated membership “2010 Dues Notice” form for consideration.

**Trips** – No report.

**Publications** – Phil Jackson reported that the *Blazer* is now down to 8 pages.

**Social** – Callista Snively reported that the Fall Festival and Cooks Appreciation at Nesika Oct 3-4. Approximately 40 people attended. Other activities include Adventure in Travel Oct 15; Hike & Dine Oct 17<sup>th</sup>; and Adventure in Travel Nov 19.

**Lodges and Properties** – George Milne reported on the status of the Tyee roof replacement project. Demolition of the damaged roof was completed on Oct 6. Construction of the replacement roof commenced on Oct 7th. It is expected that the repairs will be completed during the week of Oct 18. Regarding the roof design and construction process, he explained that the roofing is a much heavier gage material than original roofing. It is an excellent roofing system for snow zones and has been installed on a number of new buildings in Government Camp. George explained how the roof is constructed and documented/inspected. He provided photos and sample materials for the Board to review. There has been a special inspector on-site to verify construction procedures and provide the necessary documentation the manufacturer requires. George has also inspected and documented every aspect of the construction process. He has been very impressed with the work crew – they are experienced and professional. George reported that the Forest Service has mailed the building permit for the roof.

Other items: Use of Nesika Nov 14-15 Boy Scouts Service Project – (msc Vicki/Audrey)  
Use of Lodge Oct.29-31 for Jeff Lawton (msc Callista/Audrey)

**Meal Charges:** There was discussion regarding setting minimum charges for meals at the lodges as follows: \$7 – dinner, \$5 - lunch & \$4 breakfast. Cook must notify guests if charges will be higher than the minimum. (msc Audrey/Phil).

**History** – No report  
**Investment** – No report.

**Conservation** – No report.

**Unfinished Business**

Nominating Committee Report - Callista Snively volunteered for another term as Social Trustee

Budget Advisory Committee nominations: Barbara Warren-Sams & Merrill Hugo were nominated (msc Audrey/Vicki)

Budget Requests from Trustees and Committee Chairs – Budgets for 2010 to be submitted prior to the annual meeting.

Records Retention Schedule: TCO legal counsel Art Stangell reviewed the retention schedule and provided comments. The Board accepted the recommended changes (msc George/Audrey).

Oregon History Center materials – still pending release of materials to TCO.

**New Business**

Annual Meeting – reminder for trustees and committee chairs to prepare their annual reports

New Member/Dinner Program will be held before the annual meeting

**Adjourn 9:00**

Respectfully submitted, Matthew Newman.

**Membership Notes**

Do you know a prospective new member? Send his/her name and address to membership@trailsclub.org for him/her to receive a couple of free Blazers. This is the best way to report guest information from hikes, lodge visits and other trips.

**1st Readings**

Rex L Breunsbach  
14732 SE 117<sup>th</sup> Ave  
Clackamas, OR 97015  
971-832-2556  
breunsba@teleport.com  
Sponsors: Brian Wagstaff & Jeff Power

Leslie K Hickcox  
2635 N Baldwin St  
Portland, OR 97217  
503-201-9743  
lesliekayh@msn.com  
Sponsors: Vicki Wood & Stephen Brown

Reuel Kurzet  
8675 SW Cecilia Terr  
Portland, OR 97223  
503-246-1058  
rkurzet@comcast.net  
Sponsors: Mike Harrison & Jane Garbisch

Bill Kiggins  
37840 Sandy Heights St  
Sandy, OR 97055  
503-577-5434  
blkiggins@yahoo.com  
Sponsors: Stephen Brown & Agnes Prescott

Bruce K Palamountain  
7106 NE Morris St  
Portland, OR 97213  
503-998-9732  
brucepal@comcast.net  
Sponsors: Vicki Wood & Stephen Brown

Reinhold Podolski  
6198 SW Capitol Hwy  
Portland, OR 97239  
503-244-1215  
Sponsors: Callista Snively & Audrey Perino

Fox AD Power  
2755 SE 98th Ave  
Portland, OR 97266  
Scrye34@gmail.com  
Sponsors: Callista Snively & Audrey Perino

**2nd Readings**

Jill M Gaffi  
Gregory C Hancock  
Scott F Heynderickx  
Carol A Johnston  
Donald B Livingstone  
Karen S Livingstone  
Laura L Niemeyer

**Changes**

Julie Dailey e-mail:  
dailey1372@comcast.net

Lesia Carlock name/address/phone:  
Lesia McNabb,  
371 Woodland Dr,  
Sequim, WA 98382,  
360-797-4793

Mark McNabb address/phone:  
371 Woodland Dr,  
Sequim, WA 98382,  
360-797-4793

Christine Olsen e-mail:  
christine\_joyspirit@yahoo.com

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## November 2009

### Gentle Reminders

**Class A** –Shorter, less strenuous activity,  
**Class B** –Longer miles, more elevation gain,  
**Class C** –Long and difficult – strong experienced participants only. Harsh or unusual conditions may greatly increase the exertion and skill required.

Please be prepared for level of the hike you are planning to take with the Trails Club.

Good walking shoes or boots are required on the trail.  
Boots are recommended for B/C hikes.  
Bring plenty of water and a sack lunch. Please, no alcohol.  
Pets allowed on designated trips only.

Everybody should stay with the group and follow the hike leader. The hike leader is responsible for the group's safety. The hike leader is responsible for determining trails to be taken. Last, but not least, the leader has authority to determine if a hiker is prepared for the hike. Group safety must come first.

If you have reserved for an activity at a lodge that involves food expense and are unable to participate you are obligated to do one of the following: cancel before the food is purchased, find someone to take your place, or pay for your share of the food.

All activities must be approved by the appropriate Activity Chair.

### Newsletters

Send write-ups to: [blazer@trailsclub.org](mailto:blazer@trailsclub.org)  
Submissions are due before fifteenth of the month of publication.  
Please use the following format:

**Month Day (Day of week) Event Title - Class A,B,C**

**Description Text** - Please include distance, elevation change, and round trip driving distance.  
*Do not capitalize full words, lines or sentences for emphasis*  
Day trip descriptions should be under 100 words.

**Depart:** Meeting place, with address if possible, and departure time

**Leader:** Name Phone and/or email.

Editor: Phillip Jackson  
503-639-6250  
10544 SW Windsor Ct  
Tigard, OR 97223

Send pictures, new events, corrections and anything else for the Trails Club of Oregon Web site to [webmaster@trailsclub.org](mailto:webmaster@trailsclub.org).